



Welcome to the April to June newsletter! Please take the time to read through all the information.

You can also keep up to date with news and events, by visiting our social media pages:

Instagram:

[@stockportschoolofgymnastics](https://www.instagram.com/stockportschoolofgymnastics)

Facebook:

[@stockportschoolofgymnastics](https://www.facebook.com/stockportschoolofgymnastics)

Here you will find the latest happenings in the gym, competition results, dates for your diary and much more. We will also continue to keep you updated via email on all the important stuff. If you would like to contact us, please email us:

Office:

office@stockportgymnastics.com

Welfare/Safeguarding:

safeguarding@stockportgymnastics.com

For more information you can also visit our website:

www.stockportgymnastics.com/wp/

Summer Holiday Camps

We have our Holiday Camps running over the summer from 31st July - 1st September, please be aware our holiday camps are running differently this summer due to the new roof. Holiday Camps will run as follows:

MONDAY - AM - REC (5+)
PM - REC (5+)

TUESDAY - 9-11 - OPEN PLAY (0-6)

WEDNESDAY - AM - REC (5+)
PM - REC (5+)

THURSDAY - 9-11 - OPEN PLAY (0-6)

FRIDAY - AM - REC (5+)
PM - REC (5+)



HOLIDAY CAMPS

**SPACES AVAILABLE
BOOK NOW!**

Use the link to book your space now:

[*CLICK HERE TO BOOK HOLIDAY CAMPS*](#)

Dates for your Diary

July:

15th - Hazel Grove Carnival

31st - Summer Holiday Camps start

August:

1st-31st - Summer Holiday Camps

28th - Summer Bank Holiday

NO SESSIONS RUNNING

September:

1st - Summer Holiday Camps finish

4th-29th - SHINE month

20th - Bag2School Collection

October:

21st/22nd - NW Classic Challenge Copper aged 12+, Bronze, Silver & Gold

29th - The Wire's Tricks & Treats 4 Piece Competition

November:

4th/5th - NW Classic Challenge Zinc & Copper under 11

December:

9th - SSoG Recreational Christmas Competition

10th - SSoG Club Christmas Competition

24th-31st - Christmas Closure

NO SESSIONS RUNNING

January:

1st - New Years Day Bank Holiday

NO SESSIONS RUNNING

2nd - All sessions return after Christmas Break

Changes to the Timetable

We would like to give a polite reminder to those who train a Tuesday and Thursday to check your emails. Due to the new roof in the front gym, we have had to make some slight changes to our timetable. Some of you who train a Tuesday and Thursday have had emails advising you of the time changed for your session. Please note these changes do not happen till 18th of July. As always if you have any issues please contact the office-office@stockportgymnastics.com and we will try to help where we can.

Spaces over Summer

Please could we remind you that we can't save your space over summer. In order to keep your child's space, you will have to pay their fees over the summer. We can't guarantee spaces in September unless you have stayed with us over August. If you would like to stop payment over the summer, please contact the office but we can't guarantee the same space if you decide to return.

Not Just Gymnasts!

In April Maddy, one of our club gymnasts, went to the Cheerleading World Championships in Florida with Crimson Heat Phoenix Cheerleading, competing with her team Empire. This was her



first season cheerleading and CHP's first season as a program. Empire came 6th in the world at their first ever Worlds! Well done to Maddy, Empire and everyone at CHP! We wish you good luck for your 2023/24 season.

On June 28th Orla, another club gymnast, flew to Portugal representing team England in the Dance World Cup. With over 50 teams taking part, Orla's team came 4th and 6th in their categories and helped Team England gain overall 1st Place. Amazing opportunity and Fantastic results, Well done Orla.



Another of our club gymnasts, Darcie, competed at the National Trampoline and Double Mini Trampoline competition. Darcie came away with 3rd place overall in the DMT female aged 9-12 category. Well done Darcie!

New Kit.

You may have noticed the addition of the new display wall in the reception area that has now got the new kit displayed on it. We are so excited to announce that the new recreational kit is ready to order. If you would like to view all of the new kit please click [HERE](#). Club squad training kit coming soon!

New Roof

The works will take place from July 17th over the summer period, and all being well completed by September 4th. The front gym will be closed during this time.

We are having to make some small changes to our timetable to facilitate all operations. This will only affect a small number of sessions. There will also be some disruption to the car park during this time so please take extra care when crossing the car park. Please ensure gymnasts are dropped off and collected by an adult at the main doors, gymnasts will not be able to leave the main gym without the presence of an adult. We hope the disruption will be kept to a minimum but we appreciate your support during this time.

New Team Member

You may have seen a new face around the gym. Please help us in welcoming Izzy, who has joined our Sunday coaching team. Izzy is a qualified Level 1 and will also be helping with covering sessions. We are so excited to welcome her to the team.

Donation to Independent Options

As part of our Easter Fundraising week, we ran lots of themed activities to help raise money to donate towards Independent Options. Some of our gymnasts visited them to hand over the cheque. Thanks to all your support we were able to donate £500 to this amazing charity.



Dance Fitness

We have a new Dance Fitness Class on Tuesday mornings, 9:30-10:30, with our qualified choreographer Holly. Each week the sessions have a different style of dance/music to target different muscle groups and is a great full body workout! If you like to join [click here](#) to book your space.

Competition Results

We have had lots of competitions in the last 3 months. Well done to all the gymnasts who have represented SSoG in these competitions.

SSoG 4 Piece Easter Competition:

We hosted our annual 4 Piece Easter competition in April. There were lots of medals and prizes given out. Congratulations to our overall champions:

Naomi - Zinc age 8 & Maddy - Copper age 14

Silk Easter Egg-stravaganza:

Another fun and friendly competition for our 2 piece and Advanced Rec gymnasts, with lots of medals and prizes. Congratulations to our overall champions:

Alexa, Florence, Matilda, Mila and Emma

National Grades:

We had 6 gymnasts entered in National grades this year, we are so proud of the gymnasts who all came away with a commended and all placed in the top 6 on a piece! Well done to Paige who came 1st on Range and Conditioning in the NW.

NW 2 Piece:

This time we had 3 Intermediate gymnasts entered in the NW 2 Piece and all 3 did amazingly well! Intermediate aged 11:

Azra - GM - 1st on Floor & 2nd on Vault & Overall
NW - 3rd on Vault & Floor

Alison - GM - 1st on Floor, Vault & Overall
Champion

NW - 2nd on Vault & 3rd on Floor & Overall

Intermediate aged 12:

Evie - GM - 2nd on Floor, 1st on Vault & Overall
Champion

NW - 2nd on Floor, 1st on Vault & Overall Champion

Bolton's Spring into Gymnastics Competition:

This year is the first time we have done this competition, despite the very big rounds and long days all our gymnasts put out excellent performances and did themselves and the club proud. There were lots of prizes given out. Congratulations to all our overall Champions:

Matilda, Francine, Phoebe, Evie, Annie & Alison.

SHINE Awards!

Our Recreational gymnasts have now completed their first round of SHINE awards! This has been such an exciting time for all the gymnasts and coaches and we have loved being able to see all the gymnasts progress and achieve their very first award.



We loved seeing all the happy faces in the gym whilst celebrating their achievements.

Congratulations to all who achieved their award this time and we cannot wait to complete another level, later in the year.

Community Use

Are you part of or know of any local community or charity groups that would benefit from the use of our facilities during the day? If so, we would love to hear from you. We can offer coach led classes, tailored to suit the needs of your members and organisation. Please contact louise@stockportgymnastics.com for further details.

Upcoming Fundraising

Bag2School:

Our next Bag2School collection will be on 20th September, be sure to fill your bags with old clothes and drop them off from 12th September.

Easyfundraising:

You can help towards our fundraising efforts every time you shop online through easyfundraising. It makes no difference to the price you pay, but every time you purchase, we receive a donation. Go to [easyfundraising](https://www.easyfundraising.com), search for Stockport School of Gymnastics and sign up and start raising money for the gym.

THINK-INKS

We also collect printer ink cartridges as part of our fundraising. Instead of throwing away your used printer inks you can drop them off at