



STOCKPORT SCHOOL *of* GYMNASTICS

September 2022
Newsletter

We have recently appointed a new Managing Director please read the statements below:

I'm delighted to announce the appointment of Louise Gerrard-Jones to the role of Managing Director for SSoG. Louise has significant experience of working in the children's and youth sector both in schools and voluntary roles and is a keen advocate of community involvement and customer service. Please join me in welcoming Louise to the post of MD and do take the opportunity to offer congratulations and support when you see her around at Newby Rd.

At the same time I would like to thank Mike Healy who is stepping down from the MD role to focus on strategic development of the Club through his on-going membership of the Board. Most of you will know Mike and how tirelessly he has worked for the Club, from organising finances through to painting walls! Most recently he has seen us through the challenges of covid and managed the recently completed roof replacement. You'll still see Mike around the gym supporting Louise and the Staff Team during the transition of responsibilities.

Phil Richardson
SSoG Chair

Dear All,

I have been involved with SSoG for the last seven years, first as a parent and volunteer, then furthering my commitment by joining the Board in recent years.

I am delighted to accept the position of Managing Director and excited by the challenges this role will bring. I hope to use my passion for SSoG to develop the club's ambition and strengthen its place in the gymnastics community.

I'm very much looking forward to the future and working with the SSoG team.

Hopefully, I will be a familiar face to some of you. Please introduce yourself if you see me around the club.

Kindest regards,
Louise Gerrard-Jones



During August we had Holiday Camps, some of our Pre-Schoolers did their Pre-School to Rec transition sessions, the new roof for the main gym was completed and one of our coaches had success in their coaching qualifications.

September brings the start of the 4 Piece competition calendar. We have an end of summer party and a Bag2School collection on its way.

As always please be sure to keep an eye on our social media and your emails to get involved with any fundraising events that are coming up and stay up to date with any events that are coming up.

We hope you all had a lovely summer and wish you all good luck for the new school term. We'd also like to say well done to our gymnasts and coaches who picked up their GCSE or A-Level results.

Contacts:

Office

office@stockportgymnastics.com

Welfare/Safeguarding

safeguarding@stockportgymnastics.com

Website

General www.stockportgymnastics.com/wp/
Club www.stockportgymnastics.com/club/

Social Media:

Facebook

@stockportschoolofgymnastics

Instagram

@stockportschoolofgymnastics

Merchandise

www.bluefroggraphics.co.uk/stockport-school-of-gymnastics-home

Gymnastics in September

All Rec, Pre-School and Teen sessions run from 1st to the 30th of September and Ladies Fitness will return the week commencing September 5th.

Pre-School

In September our Pre-School sessions will return to how they were pre-covid. Sessions on a Monday, Thursday and Friday at 10:15 will be with parent sessions and sessions at 11:15 will be independent sessions and all Pre-School sessions on a Wednesday will remain a mix of with parent and independent gymnasts. With the changes to the sessions we will be travelling to the Jurassic period, for our new theme of dinosaurs. This is another British Gymnastics RISE theme, which means its certificate time at the end of this one.

Recreational

From September we will be commencing with the RISE programme with Recreational gymnasts, British Gymnastics now focus on skill ability regardless of age. Please keep an eye out for any communications regarding the new scheme in the next couple of weeks.

Changes to sessions

Over the last couple of weeks we have a lot of enquiries about gymnasts changing their time or day of their session. Whilst we try to accommodate your busy schedules we cannot always facilitate the changes straight away. We do have waiting lists that we add gymnasts to when they request a change but we can't offer the session until there is space in the appropriate group. We hope you understand.

British Gymnastics Membership

British Gymnastics Memberships will run out at the end of September and will need to be renewed. You will receive an email with the link to the renewal process toward the end of September so please keep an eye out for that email. Without obtaining a BG Membership gymnasts may not be able to attend sessions.

**British
Gymnastics**
More than a sport

September Fees

Here's a polite reminder to our members, that Septembers invoice will include SSoG's annual club membership fee of £10.

Club

September brings 3 competitions for our 4 Piece Club gymnasts.

17th & 18th

Paul Reay Team Competition

Held at Robin Park Sports Centre, Loire Drive, Wigan, WN5 0UL:

This competition is the first chance 4 Piece gymnasts will have to step out onto the North West floor this year. We have 3 teams entered in this competition:

Zinc - Ighosa Osagie-Okundolor, Hannah Wooley, Fleur Simpson, and Paige Talbot.

Copper - Elyce Pearson, Jess Rouen-Stout, Maddy Gerrard-Jones, Emily Webb, Molly Doody.

Bronze - Rosy Larking, Orla Frodsham, Lola Mannion, Thea McAllister, Nyla Smith.

16th, 17th & 18th

Liverpool Open

Held at Lifestyles Park Road, Steble St, Liverpool, L8 6QH.

24th & 25th

Hannah Whelan 4 Piece Invitational Competition

Held at Robin Park Sports Centre, Loire Drive, Wigan, WN5 0UL.

Both competitions will be good practice for the regional competitions coming up towards the end of the year. We'd like to wish a massive good luck to all the gymnasts involved in these comps.

Parties

We run SSoG birthday parties on a Saturday evening from 5:45-7:15! With a fun filled hour in the gym, playing games and trying some gymnastics skills and apparatus, ending with 30 minutes for party food (not provided). You can have your birthday party with us at SSoG

If you are interested and would like to book a party, please contact the office or follow the link below <https://www.stockportgymnastics.com/wp/classes/parties/>

August Update

Pre-School to Rec

During August some of our Pre-Schoolers completed their sessions to help with their transition into our Recreational sessions. On the completion of the sessions the gymnasts completed their BAGA Badge 8. Well done to all the gymnasts who attended the sessions and we look forward to seeing you in our Recreational sessions.



Club Training in July & August

During July and August our Club gymnasts had training sessions at Vernon Park Gymnastics Club, Junior Sports Starts and Evolve to aid their preparations for competitions whilst we only had access to the small gym. The gymnasts have thoroughly enjoyed the sessions and we look forward to seeing familiar faces at the competitions coming up.



Roof Update

The roof repairs were complete at the end of August and the scaffolding should be down within the first week of September. On the 28th of August some of our parents helped to move the equipment back into the main gym. Thank you to those who helped out. **From the 5th of September all gymnasts should use the main glass doors when arriving for their session instead of the doors used previously to enter the small gym.**

More Level 1 Success

We have some more brilliant news that another one of our young coaches has completed and passed their British Gymnastics Level 1 Certification in Women's Artistic Gymnastics Coaching. Well done to Abbie Watson-Hill, who completed the course alongside her A-Levels, both of which she passed with flying colours and she will continue to coach alongside her Uni course where she'll train to become a nurse.



Holiday Camps

We had a summer filled with Holiday Camps and had a lot of gymnasts attend, we saw lots of familiar faces and also met some new ones. We hope you all enjoyed the camps over summer and look forward to seeing you again in October!

End of Year Competition Calendar 2022

As we near the end of the year, the competition calendar becomes very busy. There are lots of competitions for our Club gymnasts on their way, but it doesn't end there, with the gradual return to normality over the past year we finally have the opportunity to host our usual competitions for our Recreational gymnasts. We are really excited and hope you are too! Keep your eyes out for more information over the next few weeks and months.

September

17th & 18th

Paul Reay Team Competition

16th, 17th & 18th

Liverpool Open

24th & 25th

Hannah Whelan 4 Piece Invitational Competition

October

15th & 16th

North West Zinc and Copper Competition

Held at Robin Park Sports Centre, Loire Drive, Wigan, WN5 0UL:

Competition for 4 Piece gymnasts; Zinc and Copper

15th & 16th

Frank Williams Competition

Held at Stockport School of Gymnastics, 39A Newby Road, SK7 5DA:

Competition for our Recreational gymnasts and Recreational gymnasts from local clubs.

22nd & 23rd

North West Age Groups Voluntary 5, 4, 3 & 2, North West FIG and North West FIG Challenge Qualifier

Held at Robin Park Sports Centre, Loire Drive, Wigan, WN5 0UL:

Competition for 4 Piece gymnasts; FIG and Voluntary.

29th and 30th

Vernon Park's 2 Piece Team Competition

Held at Vernon Park Gymnastics Club, Unit A2, Pear Mill Industrial Estate, Stockport Road West, SK6 2BP:

Team competition for 2 Piece Gymnasts; Intermediate, Novice and Pre-Novice

November

5th & 6th

Silk's Halloween Competition

Location TBC:

Competition for 2 Piece and Development gymnasts.

12th & 13th

English Classic Challenge

Held at New College Leicester Gymnastics Centre, Glenfield Road, Leicester, LE3 6DN:

Competition for 4 Piece gymnasts

19th & 20th

North West Gold, Silver and Bronze Competition

Held at Robin Park Sports Centre, Loire Drive, Wigan, WN5 0UL:

Competition for 4 Piece Gymnasts; Gold, Silver and Bronze.

26th & 27th

Voluntary Age Group Championship Level 3 & 2 and National FIG Challenge Qualifier

Held at Surrey Sports Park :

Competition for 4 Piece gymnasts; FIG and Voluntary.

December

17th

SSoG Recreational Christmas Competition

Held at Stockport School of Gymnastics, 39A Newby Road, SK7 5DA:

In house competition for our Recreational gymnasts.

18th

SSoG Club Christmas Competition

Held at Stockport School of Gymnastics, 39A Newby Road, SK7 5DA:

In house competition for all of our Club gymnasts.

Kit

You may have noticed our new logo popping up around the gym, on our social media or at the top of this newsletter. With the new logo we decided to freshen up the kit we have on offer. We have started with the launch of our bespoke SSoG training leotard available to all gymnasts. Please note that leotard orders need to be made before September 9th to arrive in time for Christmas. For more information and if you would like to order the leotard you can follow the link-

www.bluefroggraphics.co.uk/ssog-new-items/



THINK-INKS

Don't forget, we collect printer ink cartridges as part of our fundraising towards the gym. So instead of throwing away your used printer inks you can drop them off at reception to be collected by Think-Inks, who recycle the ink cartridges instead of them ending up in landfill. Not only will you be helping the environment, but you will also be helping SSoG raise funds for new equipment.

We would be really grateful if you could ask friends, family and companies if they may have used cartridges that they would like to donate.



Ukrainian Appeal

Are you hosting a Ukrainian family? Would they like to get involved in a new sport? Gymnastics could be the sport for them and we are happy to help, we can offer discounted classes to anybody who may be interested.

If you would like some more information please contact the office-

office@stockportgymnastics.com.

Bag2School

Don't forget we have a Bag2School collection coming up, if you have and unwanted items listed below, we would really appreciate if you could donate it towards our fundraising efforts. The more we collect the more we raise.

WE'VE GOT A BAG2SCHOOL FUNDRAISING COLLECTION ON THE 28TH OF SEPTEMBER



WE'RE COLLECTING:
CLOTHING (NO WORK WEAR OR UNIFORM), PAIRED SHOES (TIED TOGETHER), BAGS, HATS, SCARVES, TIES, JEWELLERY, SOCKS, BELTS, HOUSEHOLD LINEN, HOUSEHOLD CURTAINS, HOUSEHOLD TOWELS, HOUSEHOLD BEDDING AND SOFT TOYS

THANK YOU FROM SSoG!

Easyfundraising

Please remember you can easily help towards our fundraising efforts every time you shop online through easyfundraising. It makes no difference to the price you pay, but every time you purchase we receive a donation.

Go to www.easyfundraising.org.uk/, search for Stockport School of Gymnastics and sign up and start raising money for the gym. Any money raised will go towards new equipment for the gym.

You can also gain a £5 bonus donation by inviting a friend to start donating!

