



Stockport School of Gymnastics

September 2018 News



This month we are sad to announce the retirement of Beverley Perkins, Bev has worked for SSOG for over 20 years as a Coach, Pre – School Coach, Club Coach, Judge and Centre Manager, she has been a valued and much loved member of our team and we are all so sad she is retiring! Should any parent wish to contribute to Bev's collection please do so through the office, before Monday 10th Sept.

It's the time that our older gymnasts/young coaches leave us to go to university/get jobs and we wish them all good luck and hope to see them when they return for holidays. All the very best to Emilie, Leah, Emilia, Leah, Ella and Vicky. A big thanks for the many hours put into coaching at SSoG.

The club training camp at Lilleshall was a great success, lots of pictures and videos are on the website already, but a summary is in the newsletter. Well done to Heather who completed the first SSoG Jaeger on the bars.

Social Media

Websites

General

www.stockportgymnastics.com/wp

Club

www.stockportgymnastics.com/club

Twitter

@stockportgym

Facebook

@stockportschoolofgymnastics

Instagram

@stockportschoolofgymnastics

Merchandise

www.bluefroggraphics.co.uk/stockport-school-of-gymnastics-home

Parent & Child – NEW Session

After several requests we are now able to offer an additional Parent and Child session on a Tuesday at the later time of 11am -12, for children 0 – 4 years, you can book on line or pay on the door on the day. Hope to see you on a Tuesday soon.

Enrolment – Pay By Dates

Invoices were sent out on 28th Aug for the new term. The pay by date is the 8th Sept, with the new term starting on Monday 17th Sept.

If you pay by BACS this payment must be in our bank by the 7th September, so allow least 3 working days for the bank transfer. Late BACS payments may be returned and your guaranteed place no longer be available. Thank you for your support.

2018 Dates

3rd September

Restart of Pre-School Classes

8th September

Rec Term Fees Pay By date

8th/9th September

Competition Trials for Club gymnasts

17th September

Start of the next Rec Term

24th September

Invoice for BG and SSoG Membership invoices will go out this week. We understand there will be no increases for the coming year.

5th October

BG and SSoG Fees Pay By date

27th/28th October

North West Individual & Apparatus Championships Out of Age at Wigan

27th/28th October

Wilmslow Gymnastics Halloween Comp at Wilmslow Leisure Centre for Comp Squad gymnasts

3rd/4th November

Greater Manchester 4 Piece and team selection for the Inter-County Teams at Wigan

11th November

Club Championship and Club photo at Newby Road.

9th December

Inter-County teams

15th December

Rec Christmas Competition at Newby Rd.



Pre-School Classes



Our Pre-School sessions will start back week commencing 3rd September. The structured session will be exploring our Mini beast theme. We still have some spaces so tell your friends to get booking now.

Club Development Groups

We have started 2 new groups in the club to develop the feeder routes into the competitive side of SSoG. We have a group of 7 year olds who would be aiming to be entered in the Club Grades in 2019 and a group of 5 year olds for long term development.

They will trial to see if they like the discipline of formal training and if the coaches see any potential. Good luck, work hard.

Bev Perkins

There will be more in the next newsletter so this is just an appreciation of the devoted service that Bev has given to SSoG over the last 20 years.

Bev joined the club in 1998 (we have worked out) and her story is very familiar. Her daughter Nikki moved to SSoG when we trained at the Dialstone Centre and Bev almost immediately got involved in coaching the recreational classes and the setting out and dismantling of kit for every training session.

But then she really got sucked in, progressing through Level 1, 2 and 3 WAG coaching courses very quickly followed by Club and Regional Judging courses and coaching in club.

But even more as she took part in everything, from school displays and twinning exchanges in France to hosting the Family Summer Social and taking part in the Torkington Park Play days.

In 2012 Bev moved from volunteer to employee as she became the Centre Manager for our new dedicated facility at Newby Rd. Bev has played a major part in the increase from 200 members to more than 1200 that we enjoy today. The photo on the left is the first session at Newby Rd. Bev is very camera shy, but lots more next month.

Club Training Camp at Lilleshall

This was great fun and a very productive 3 days away. The house and gardens are a lovely setting for a residential course with great food and accommodation. The gym is world class with lots of bits and almost every piece of equipment from every supplier. The gymnasts made the most of the opportunity for training and for the social activities in the evenings.

All gymnasts tried new moves, which we hope

will be brought back into the gym. Time will tell.

Many thanks to all who put so much time and energy into making this camp happen. Dave Griffiths did all the organisation; large amounts of paperwork. Jayne Mooney for the T-Shirts and the leotards. Also Jayne Mooney, Jayne Owen and Suzanne Winterbone who raised the funds to make it affordable.

So for 2019 we should be looking to a location abroad; either a competition or international training camp. Sounds great, lets get planning.....





Other News

Delighted that our Head Coach, Tamlynn Carlson, has had her FIG Level 2 coaching qualification converted to a British Gymnastics WAG Level 4 (Senior Club Coach) certificate.

We have noticed that Forgefix have removed some of the containers in the yard, which will allow some more cars to park for our classes. Please still take great care and be reminded that we do have traffic wardens patrolling Newby Road and some parents have had tickets for parking on the double yellow lines.

We wish one of our Choreography Team, Ella Cleaver, the best of luck as she has passed her A Levels and is off to University to study Physiotherapy. Ella was a successful gymnast at SSoG and still learnt her dance at local Dance Schools. Many thanks for your professionalism for the last 2 years and I'm sure we will see you at Christmas.

I hate to mention Christmas so early, but we have set the date for the Recreational Competition as Saturday 15th Dec. Look out for more details in the club and how to enter.

The refurbishment of mats is still going on, just a little slower than we had originally thought. We are also altering some of the electrics and have finally replaced the flickering light fitting in the gents. All of our new Pre-School and Recreational programmes are displayed in the reception area, please take the time to look at the display and ask a member of staff if you have any questions.

Jaeger

Highlight at Lilleshall was Heather catching her first Jaeger. This is a release from the bar, sumi and re-catch the same bar. I've not seen this move done at SSoG before and she has repeated it back in the Newby Rd Gym.

Well done Heather.



Competition Trials

The club gymnasts have been preparing for trials on the weekend of 8th/9th June to demonstrate that they can perform the requirements for the level they intend to compete at this year. We have a number of competitions at County and Regional level and selection for the Greater Manchester County Team.

It's quite early to be showing routines, however once the requirements have been met there is 2 months for fine tuning. Good luck to all trialling gymnasts.

BG Membership 2018/9

Gymnast renewals

SSoG has completed the club registration process, which will allow BG to email existing members with details of when and how to renew their membership for the 2018/19 year. BG will stagger the communications to manage demand on the system. Existing members must follow this new process and wait for their email as there is no other way to renew (last year's system has been updated only to service brand new members).

New members

There is no change to the process for gymnasts who wish to join for the first time. The system will open next week (10th Sept) for new members to join.

** Please note that any new members who inadvertently joined before SSoG had registered will unfortunately need their membership reversed and the process repeated after Sept 10th**

If you have any queries then you are probably best to ring BG as SSoG has no access to the membership pages

Retiring Gymnasts

Two of our long serving gymnasts have announced their retirement from competitive gymnastics this month. Both will still remain as members of the club as coaches.

Kate Martin first joined the club in 2008 after a period in the recreational classes. The picture bottom right is Kate competing in the Frank Williams in the summer of 2008. Her first competition for club was in the North West General Gymnastics floor and vault later that year at Salford, pictured bottom left.

Kate has enjoyed a long career taking part in County and Regional competitions. Kate has been injured and this has led to her concentrating on coaching, which she does every

week at the Offerton Centre. Kate is taking her WAG Level 1 qualification and will be coaching Development Group and Competition Squad.

Leah Kidd joined the club in 2013, transferring from High Peak. Her first competition was back at her old club. Since joining Leah has represented the club at County and Regional

Level. Leah is always keen to achieve new skills and is fearless, a great attribute for a competitive gymnast.

Leah is also a WAG Level 1 coach and will continue to coach Competition Squad. Congratulations are due too as Leah will be starting at Salford University in Sept.

Good Luck and thank you!

