



Reaccreditation

Good news in that we have successfully had our GymMark renewed for a further 3 years. All the paperwork completed by Karen and Phil, so many thanks. It's good to be reassured that we are still inline with BG guidelines for running a child friendly gym.

We are now in competition mode with a number of important competitions coming up in the next few months. The first is the NW teams and we will be entering a Pre-Novice team, managed by Bev and a Novice Team, managed by Mike H. Prospects look good and we hope to improve on last years 4th position with a medal. There are also the Voluntaries



SSoG gymnasts, India, Eleanor and Martha, at Liverpool for a training session with Beth Tweddle and Amanda Redding

for Becky and Eleanor so one last push to perfect the routines. Dave will be looking after them.

After the teams the younger gymnasts will be starting on Grades and the 4 piece gymnasts will be

looking to get ready for the GM 4 piece, the NW individuals and a Level 4 competition in the Isle of Man.

We have been working hard with securing the future of the club with trying to find out what is happening at Dialstone and completing the commercial conditions for our own new gym. It is looking increasingly unlikely that we will be able to continue with the club in the new Dialstone Centre for anything other than recreational gymnastics at the weekends. We also understand that the temporary facilities, most likely to be at Offer-ton School, will not be ideal. I'm sure it will all be alright, but we must fight our corner.

The SSoG Calendar for 2011

17th/18th September

NW Age Groups, Teams, Individual Apparatus Competition. We will have Pre-Novice and Novice teams and the 2 Level 4 gymnasts will also be competing. Venue Birchwood.

15th/16th October

Greater Manchester 4 Piece Competition. Venue to be confirmed, probably Copley.

12th/13th November

NW Out of Age Individuals Competition. Important competition for the club. Venue Birchwood.

26th/27th November

Isle of Man Invitational Teams Competition (Level 4). We are going this year.

27th November

NW Inter County Teams

Competition. This is a new competition and the gymnasts representing the county will be selected from the top gymnasts in the GM 4 Piece Competition. The competing counties will be Lancashire, Greater Manchester and Cheshire and Merseyside. Venue is the gym at Liverpool (Park Rd)

Interesting as this clashes with the IOM Invitational.



September Events

Open all sessions.

17th/18th September

NW Age Groups, Teams, Individual Apparatus Competition. We will have Pre-Novice and Novice teams and the 2 Level 4 gymnasts will also be competing. Venue Birchwood.

Fund Raising

The main fund raising has been to help keep the cost of the Lilleshall training camp reasonable and capped out at £1760 up to & including August. A brilliant effort by Jayne & Penny, many thanks for organising and drumming up support for all the events which have taken place.

The sale of refreshments at weekends will continue, again, thanks to Chris for the leotards and to the Shards for the constant supply of yummy cakes.

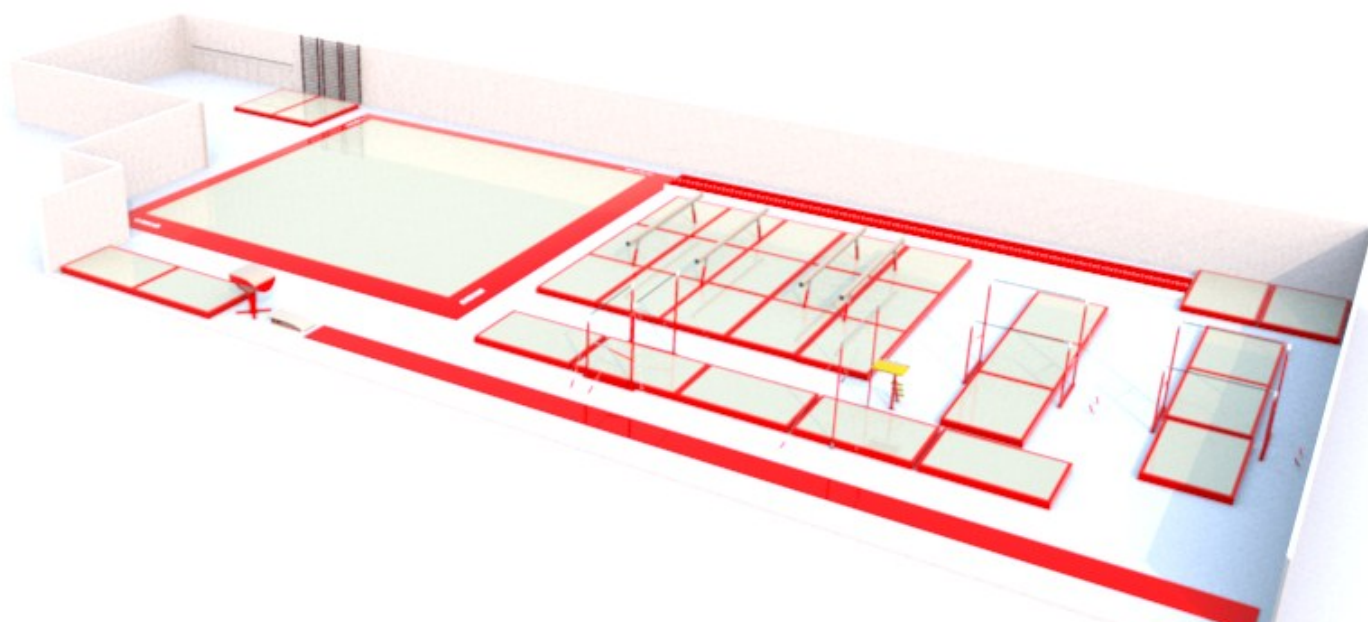
Mat Shifting

It has been summer and folk have been away on holidays, but if you cannot make it, do swap with another parent, or tell Julie. There have been too many missing parents recently and we may have to go to shifting every two weeks instead of monthly unless things improve.

The New Gym—Newby Rd and Dialstone

Potatoes!

The Melford Road opportunity has passed us by and we have moved back to looking at a property on Newby Road, which we saw some months ago and had many years ago, been used as a potato store. This is interesting as it is very well insulated, but it has no windows. Negotiations are almost complete and we hope that we will be able to kit it out with a layout like below.



The planners seem to be OK with the property, well the most positive they can be is that they say it is a better location than Pepper Road, which must be good. It is doable with hard work.

We should have some good news in the next week or so.

The possibility of a new gym at Dialstone is more difficult to predict. The plans show that there will be a four badminton court sized sports hall with a fitness gym and a couple of astro-turf football pitches. This may be OK for some weekend gymnastics for rec, but difficult for getting weekday bookings and we would still have to shift equipment. There doesn't appear to be any storage for equipment.

We have been talking with a number of Council Officials and Councillors and it will all come down to money.

While the new sports centre is being built there will be some temporary sports facilities, we think at Offerton School. They

BG Fees

The Annual BG registration is due on 1st October and we would ask all parents to pay promptly to ensure they are fully insured. You will all receive a letter towards the end of September, reminding us of your contact details, medical needs and the like.

could have to last for 18 months and as they are temporary will be less than ideal.

The plans for Newby Road must be chased as it looks like

the only way we can be in control of our own destiny. Any help that can be offered would be gratefully accepted, especially from architects!

Gymnast of the Month

The Gymnast of the Month for July was Chloe Andrew, entirely for working on and performing cast to handstand, giant, giant, backaway. Chloe has been working the moves for some time, seemingly with little progress, then really moved on, helped by use of the pits at Lilleshall and then finally in the gym. Next step, to put it in the routine and compete it. Roll on Level 4 in November.





Golden girls back with foreign booty

RECENTLY returned from foreign shores are the golden girls of Dialstone Gymnastic School, and they brought booty back with them.

Grabbed from the Germans of Heilbronn, Stockport's twin town, is the Heilbronn Landesturnfest trophy proudly displayed with other trophies they have won.

Pictured from the back, and left to right are; (back row) Clare Wilson, Emma Stanway, (third row) Hazel Palmer, Lucy Stanway, Rachel Dutton, Sarah Hannah, (second row) Sally Howarth, Rachel Ogden, Karen Wilson, Rebecca Nichola, Suzie Stapleton, Erica Hannan, (front row) Suzanne Ball, Rachel Stanway, Karen Harkness, Karen Belfield, Anna Wharf, Emma Harkness.

The trophy in pride of place in the centre of the front row is the Heilbronn Landesturnfest Trophy, flanked by the Rochdale Gymnastics Festival trophy and Stockport Youth Games Trophy, further examples of the teams expertise.

25 Years of SSoG



The year is 1989 and the club has just returned from a twinning visit to the University town of Heilbronn in Germany. The picture was taken in the small gym at Dialstone; you can just about see the quad through the wall bars, clear of trees and bushes.

In those days the visits were a mixture of business and pleasure, as can be seen by the large number of trophies and cups that the gymnasts returned with.

Worn out Kit!

I'm not sure whether it has been the keenness of the gymnasts with getting on with their giants, or just wear and tear, but we have had to replace the single wooden bar. Similarly the

hinges on the Gymnova springboard have had to be replaced.

We have also ordered 2 new crashmats, paid for by the Airport Trust. They will arrive late September.

World Champions

We have 3 World Champions in the gym, not WA, but WOMAA, Martial Arts. On the weekend of 20th/21st August, Katherine, Susan and Rebecca Roberts participated in the WOMAA World Martial Games in Cardiff. This was a 3 day event with over 300 competitors competing from around the world. Some teams travelled from as far as USA, Canada, Mexico and New Zealand. The first day started with the opening ceremony where all the countries paraded round the stadium flying the respective flags for their country (a bit like the Olympics). Later that day Katherine and Susan won gold medals in their age groups for musical open hand forms (like a floor routine but with attitude and lots of kicks and hand techniques). Following that Katherine and Rebecca won silver medals in their age groups for traditional kata. Katherine also won bronze for the musical weap-



ons section. On the second day, those who won gold in all the forms and weapons sections were invited to compete in the qualifiers for the WOMAA World Grand Championships. The top 3 (Katherine and 2 others) went through to the Grand Finals which took place on the last day on the main stage for each age group which Katherine won after a very closely fought section (and has come home with a 5ft trophy). Rebecca also competed on the last day first of all in the 7 and under section for point sparring to which she took the bronze. Finally Rebecca competed in the 7 and under open

breaking section. This was a last minute entry for Team GBR (she was able to compete to the kindness of Team USA who gave us the wooden boards so that she could compete). She stole the show and won gold breaking all four boards which unfortunately for Team USA put their competitor into silver medal position (bet they wish they hadn't given us the boards). To sum it up, it was a fantastic competition. The girls really enjoyed it and have come home completely exhausted. But each one, a World Champion in their age group.

Well done girls.



Summer Training at Manchester South



Three sessions during August with our friends from Manchester South in their dedicated facility in Wythenshawe. The gymnasts from SSoG worked hard, executing some new moves.

It is an excellent facility and our gymnasts made full use of the pits and tumble track. Thanks to Sarah Warburton for arranging all.



Isle of Man - Level 4 Teams

Every year we get invited to the Isle of Man teams competition and every year we have to decline as we have not have enough Level 4 gymnasts to form a team. This year we have accepted and will be taking a team to the Isle of Man for the weekend of 26th/27th November. The format is the same as



for our NE comp, with 5 gymnasts in a team, 4 to perform on each piece and the top 3 scores to count. We have 1 level 4 gymnast, Carla, but many more very close. You will need to have linked acro on the beam and a cast to handstand on the bars.

This will be a great weekend.

North West Teams Selection

The trials are complete and we have two teams of 7 gymnasts who will be training together up to the weekend before the competition. We then reduce to 5 gymnasts who will represent the club.

The teams are:

Novice Team

Leandra Brennan, Ella McKie Crane, Susan Roberts, Chloe Astley, Megan Dooley, Becky

Shard and Georgia Mather

Pre-Novice Team

Ella Cleaver, Olivia Fletcher, Chloe Andrew, Georgina Blackburn, Sarah Burns, Eleri MacLeod and Eleanor Mills

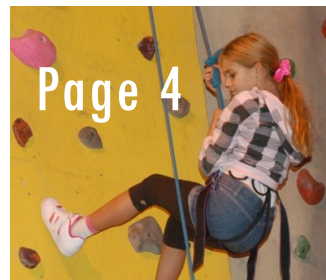
Thanks to all of the gymnasts who trialed and made the choice of the teams very difficult. Your chance will come.

The team competition will be on the Saturday 17th Septem-

ber. On the Sunday there will be the voluntaries competition, the second part of the Elite Level 4 where Eleanor and Becky have a chance to follow up the pass on the compulsory grades with another tough competition. They have a lot to do in 3 weeks, but with additional sessions at Tameside, I'm sure they will put the effort in. and succeed.

Good Luck to all.

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National Playday

We were carefully watching the weather and left the decision very late on whether to go. Alas, wrong decision as it looked like it was going to be a real wet day, but it turned out to be hot, dry and sunny and we missed a good party.

Oh well, there is always next year.

Judging Course

The next judging course is to be held in Bolton on 1st, 2nd and 9th October with the exam on 30th October. There are Club and Regional Courses. All details are on the notice board, but see Nikkki Perkins if you are interested.

Foreign Coins

As we return from our foreign holidays, loaded with spare cash that can't be spent in the UK, think about donating the notes and coins to Jayne Mooney for next years trip to Lillehall.

Grades Music

Please could you bring in any copies of your music from the last Grades and give it to Vicki for recycling for the 2012 Grades. Thanks.

Junior Commonwealths

Mike H is off to the Isle of Man during September to comper the Junior Commonwealth Games. Trouble is that it is for the Men's competition, a real challenge!