



Stockport School of Gymnastics

November 2019 News



Busy month with a fund raising Halloween Party and 3 competitions. Great fun at the Wilmslow Spooky Halloween Comp, a first competition for a number of our younger gymnasts, some real progress at the Greater Manchester 4 Piece Championships with 2 overall champions and a highly successful Floor and Vault competition organised by us in the Newby Rd Centre.



Contacts

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or complete a contact form

<http://www.stockportgymnastics.com/wp/contact-us/>

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Welfare Officer

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Websites

General

www.stockportgymnastics.com/wp

Competitive

www.stockportgymnastics.com/club

Facebook

[@stockportschoolofgymnastics](https://www.facebook.com/stockportschoolofgymnastics)

Instagram

[@stockportschoolofgymnastics](https://www.instagram.com/stockportschoolofgymnastics)

Merchandise

www.bluefroggraphics.co.uk/stockport-school-of-gymnastics-home



2019 Calendar

30th Oct

Invoices sent out for new Rec Term

15th Nov

Invoice last day for payment for new Rec Term

17th Nov

Final day of the Rec Term

18th Nov

Start of the new Rec Term for Offerton and Newby Rd; includes Youths, Rec, Pre-School, Parent and Toddler and Ladies Fitness.

24th Nov

Visit to Jump Heaven, 5 - 6 pm all are invited. This is organised by the parents to help with the purchase of the new floor.

7th & 8th Dec

Bag Packing at Morrison's in Bredbury. After the great turnout for the bag packing in Sept, lets go even bigger for this one.

22nd Dec (note the changed date)

Parents Have a go Session for Club and Comp Squad parents followed by a Christmas Buffet.

23rd Dec 2019 to 3rd Jan 2020

Christmas Break. No Pre-School, Recreational, Gym Babies, Adults, Adult Beginners, Youths, Parent and Toddlers and Ladies Fitness Classes.

23rd Dec 2019 to 3rd Jan 2020

Christmas Camps, all online and bookable on the website.

2nd Feb 2020

Final day of the Rec Term

3rd Feb 2020

Start of the new Rec Term for Offerton and Newby Rd; includes Youths, Rec, Pre-School, Parent and Toddler and Ladies Fitness.

17th to 21st Feb 2020

Half Term. No Pre-School classes. No Parent and Toddler Sessions. No Ladies Fitness Sessions. All other classes continue as usual.

17th to 21st Feb 2020

Holiday Camps, will be on the website soon.

New Term Rec Fees

It's time to pay your fees for the next term which runs from the Monday 18th November 2019 until Sunday 2nd February 2020. This note gives further information on the coming term.

Christmas holidays Monday 23rd December – Friday 3rd January 2020.

Pre-School last session Friday 20th Dec and back after Christmas on Monday 6th Jan.

Rec and Youths last session Saturday 21st Dec and back after Christmas on Saturday 4th Jan.

Invoicing Dates and Payment

Invoices are sent out: 30th October 2019

Invoice payment deadline for Credit/Debit Card payments is Friday 15th November 2019

Please if you are paying by BACS try to get the transfer into our account 3 days before the deadline to allow it to be seen on our bank statement.

Price list (unchanged from last term)

Preschool sessions at Newby Road are £5.00

Recreational sessions at Newby Road are £5.50

Recreational sessions at Offerton are £4.50

Youths sessions at Newby Road are £7.00

Youths sessions at Offerton are £6.50

Discounts

Stockport Leisure key discount £1 off each member per session.

Siblings

10% for additional children in Recreational, Pre-School, Youths and Comp Squad sessions taken off the lower priced session.

Club Squad members get Pre-School, Youths and Recreational fees at 45% discount for siblings.

PLEASE NOTE:

It is important to ensure that you pay by the date shown on our invoices and set out above to secure your child's place. We have a substantial waiting list and therefore if you have not paid by the date shown your child's place will be offered to someone else.

2019/20 Competition Dates

2nd/3rd Nov 2019

North West Individual & Apparatus Championships (Out of Age) at Wigan

10th Nov 2019

SSoG Club Championships at Newby Rd. for Club and Comp Squad gymnasts, followed by photos

17th Nov 2019

English Gold, Silver and Bronze Championships at Leicester

15th Dec 2019

SSoG Christmas Rec Competition at Newby Rd.

Note this year the competition is on SUNDAY

25th/26th Jan 2020

Club Grades 5 & 6 at Robin Park Sports Centre in Wigan

1st/2nd Feb 2020

Regional Grades 1 to 4 at Robin Park Sports Centre in Wigan

8th March 2020

SSoG Rec 4 Piece competition for Comp Squad gymnasts at Newby Rd.

29th March 2020

SSoG Easter Competition for Club gymnasts at Newby Rd.

25th/ 26th Apr 2020

NW Grades – Compulsory 5, 4 and 3, National Grades 1 to 4 and NW National 5 at Robin Park Sports Centre in Wigan

2nd/3rd May 2020

Counties Floor & Vault Championships at Robin Park Sports Centre in Wigan

23rd/24th May 2020

National Grades Finals 4, 3, 2 & 1 for the NW Team at Fenton Manor in Stoke

6th/7th Jun 2020

NW Floor and Vault Championships at Robin Park Sports Centre in Wigan

13th/14th Jun 2020

NW Open and Challenge Cup Qualifiers at Robin Park Sports Centre in Wigan



NW Championships

The North West Out of Age Championships are being held at Wigan on the weekend of 2nd/3rd November. The SSoG entries are as follows:

Level 6

Alys Pike, Amelie Garrott, Thea Mcallister, Phoebe Wood, Gretel Smith, Halle Kirk, Sophie Turley, Emily Winterbone and Riley Morrison-Howarth

Level 3

Ellen Ijima

Level 5

Orla Frodsham, Gabriella Widdall, Bella Gnatiuk, Lola Ardley and Lola Mannion

Level 4

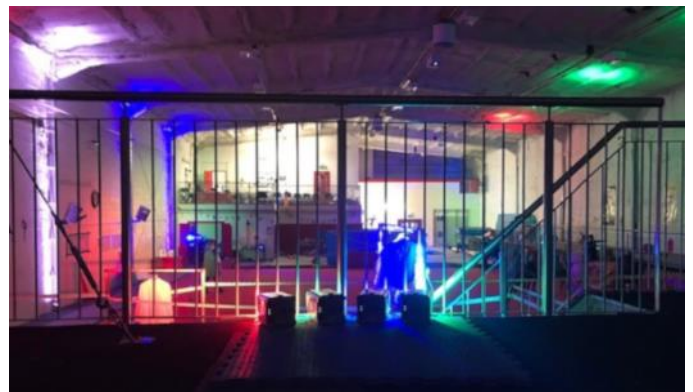
Millie Hewart and Elyce Pearson

Level 2

Heather Davenport and Rebekah Mooney

I can't remember having so many going Level 2 in the NW Championships. Should be a good weekend.

This competition is followed very quickly by the Club Championships and the English GSB.



Expansion of the Club

When we moved into the Newby Rd. facility in April 2012, we were the only tenants for 12 months and the landlord asked if we wanted to take out a lease on the adjacent unit. At the time we were uncertain as to whether a group of volunteers could run such a large business so we declined, but a couple of years later the demand for gymnastics had increased and we needed extra space. We were too late as Forgefix moved in, but recently they announced that they will be vacating the offices at the front of the building and the unit next to ours. We have been in conversation with the landlord and have submitted a planning application to Stockport Council for change of use to a gymnastics facility.

This is a major development for SSoG and will increase our facility from 900m² to 2,200m², more than doubling the floor area to deliver gymnastics. So exciting.

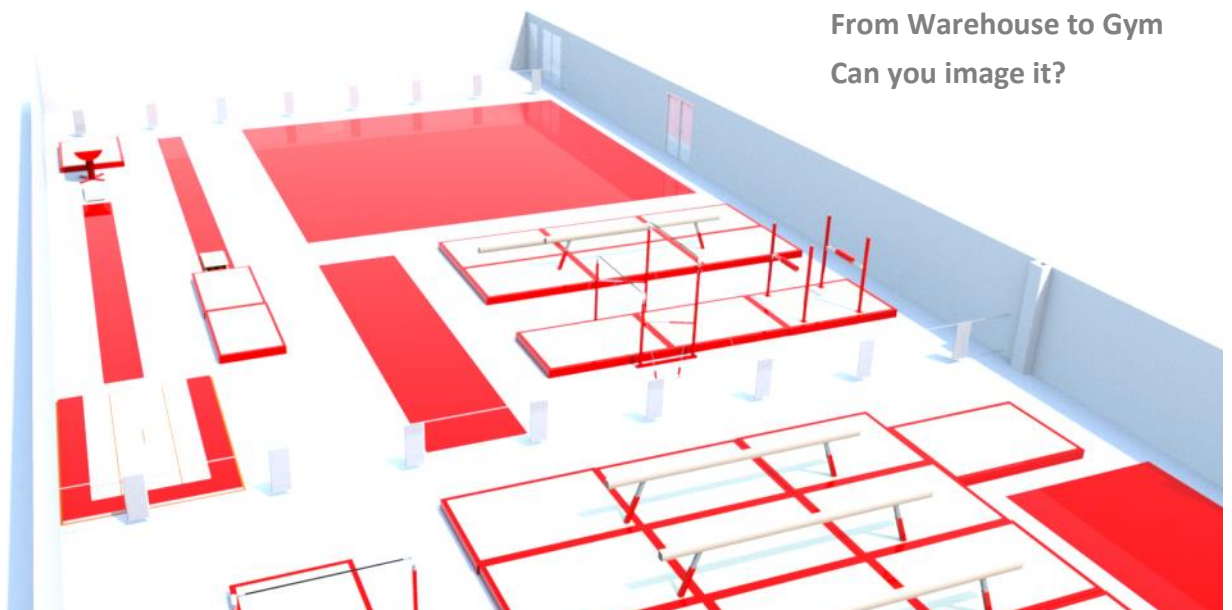
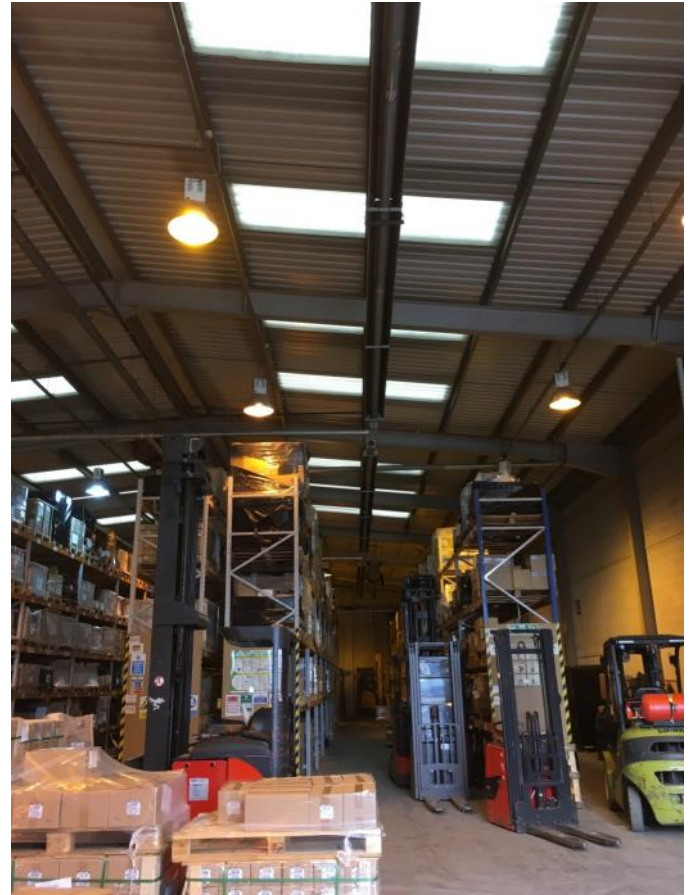
The offices at the front will allow better circulation areas, changing rooms, segregated toilets for adults and a ground level café.

The additional area for gymnastics will allow us to offer more recreational classes and better performance equipment.

We will get double the car parking at the front of the building, which with staggered lessons should mean that there will be no need to park on the road during the early evening Rec sessions.

The landlord will repair the leaky roof and as you can see from the picture below, the new unit has a more modern roof with skylights to make everything brighter.

Planning will be decided before Christmas and with a bit of luck we could be starting classes in the spring. Watch out for more news in future editions and on the website.



From Warehouse to Gym
Can you image it?

Greater Manchester 4 Piece Championships

This was a better competition for SSoG with the good performances rewarded with medals for nearly all of the gymnasts and two overall champions. Congratulations to Charlotte Wells, Level 3 Seniors Champion and Becky Mooney, Level 2 Seniors Champion.

Well done to Heather Davenport and Lola Ardley who both competed after coming back from injuries and did all requirement and won medals.

Full results and more pictures are on the website.



Wilmslow Spooky Halloween Competition

The Wilmslow Comp was on Sunday 27th October and as usual lots of cups, medals, rosettes, prizes and certificates. All were encouraged to dress up appropriately in line with the Halloween theme.

It was a fantastic day for our gymnasts from Friday nights and teens. Two overall winners Jessica Parry and Fay Pickup – well done girls and coach Edward. Lots of individual medals throughout the day, plus special awards for Matilda Berry, who was the youngest competitor of the day and Darcey French who competed way out of age performing hand-spring flat back at 110cm at just 7 years old. Special mention to our two teens who took part in their first competition away from our gym.

Thank you to all the coaches on the day, Edward, Suzanne and Dave and to Amanda Rouen-Stout who, once again, judged all day. Your help is greatly appreciated. More pictures on the website.



Christmas Holiday Camps

The ever popular holiday camps are online and will be filling fast during December.

Monday 23rd December

9.00 to 3.30 with a half hour lunch break.

This is a full day holiday camp - all pieces will be used throughout the day. It is for 5 years upwards at Newby Road. Price £30.

Monday 30th December

9.00 to 3.30 with a half hour lunch break.

This is a full day holiday camp - all pieces will be used throughout the day. It is for 5 years upwards at Newby Road. Price £30.

Thursday 2nd January

9.00 to 3.30 with a half hour lunch break.

This is a tumble and bounce camp - children need to be competent with cartwheels, bridges and working towards round offs as a minimum requirement. It is for aged 7 years and upwards at Newby Road. Price £30.

Friday 3rd January

9.30 to 12.00

This is an Open play Parent and Toddler session for children 0-6 years at Newby Rd. Price £5.00.

Friday 3rd January

1.00 to 4.00.

This is a half day holiday camp - all pieces will be used in the session. It is for 5 years upwards at Newby Road. Price £15.

Last Christmas Order Dates

If you are ordering kit in time for Christmas from Blue Frog Graphics then Jayne has informed us that the last dates to send her an order to be sure of delivery by Christmas is as follows:

Competition Squad/Club Tracksuit Tops/
Leotards - 3RD NOVEMBER

SSOG Hoodies, Leggings, Shorts, Handguard
Bags, Onesies, Gym Bags, Socks etc
- 15TH NOVEMBER

If you require information on sizing, please contact Jayne on 07930 327 599.

New Class—Gym Babies

Gym Babies classes have started for those children not yet in Nursery. These classes are a semi-structured one hour session for children aged 1 to 2.5 years exploring fun themes in a safe environment with their parents. The cost is £5, book online.

We hope that the classes hit the mark and if popular we will expand to other days of the week.



Club Championship

The timings for the club championships on Sunday 10th Nov are below:

Round 1 (Club)

Pre National, Grade 6 and Pre-Grade 6

8.45-8.55 Warm up
8.55-9.00 March on
9.00-10.15 Competition
10.15-10.25 Presentation

Round 2 (Club)

Regional Levels 2, 3, 4, 5 and 6

10.25-10.35 Warm up
10.35-10.45 March on
10.45-1.00 Competition
1.00-1.15 Presentation

1.15 Club Picture (Comp Squad and Club)

Round 3 (Comp Squad)

Intermediate aged 10+, Line Work aged 8+, Line Work aged 7 and Line Work aged 6

1.30-1.40 Warm up
1.40-1.45 March on
1.45-3.15 Competition
3.15-3.25 Presentation

Round 4 (Comp Squad)

Novice aged 10+, Novice aged 12+, Novice aged 10+, Novice aged 11+ and Pre-Novice aged 10

3.25-3.35 Warm up
3.35-3.40 March on
3.40-5.10 Competition
5.10-5.20 Presentation

If you are not sure what group you are in, ask your coach and the full running order with names will be on the notice board soon.

Please try to stay as long as possible to encourage all club and comp squad gymnasts. Also at the end your help would be appreciated with getting the gym ready for Monday Classes.

All gymnasts are expected to be in the photo



Jump Heaven Trampolining

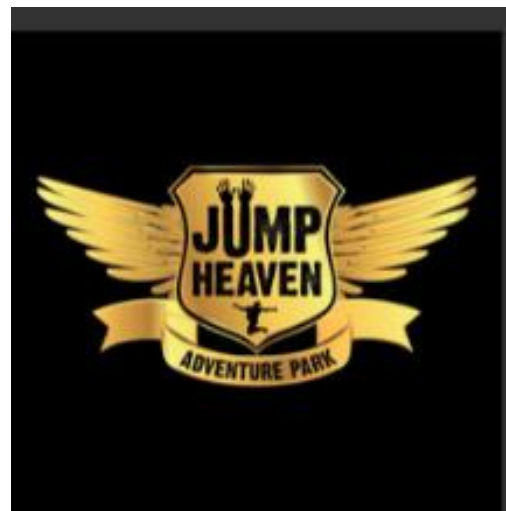
We are organising a trip to Jump Heaven on the Sunday 24th November 2019 from 5 to 6pm.

The cost is £10.00 which includes 1 hour of jumping and cordial juice.

If your son/daughter would like to attend, please complete the form on the noticeboards, any Offerton Gymnasts please ask the coach in charge for a form. Payment also can be made pay PayPal, please see the forms for payment details.

Please place your completed form/payment in the box on the wall in the balcony area at Newby Rd Gym. Gymnasts who attend the Offerton Gym can hand their completed forms/money to the coach in charge. Family and friends are also welcome at the same cost.

We have a maximum of 200 available places so places will be allocated on a first come/first served basis. Payment and forms to be handed in before 20th November 2019. You will receive a slip confirming your place at this event via your Coach. Any proceeds from this event will go towards the new floor.

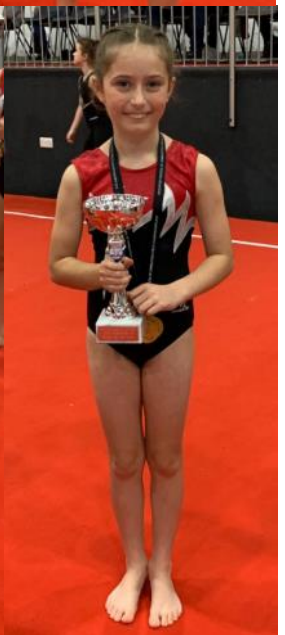


SSoG Floor and Vault Competition

The Stockport Floor and Vault Championships were a friendly competition, completed in a morning on the 6th October. Many thanks to CC Gymnastics and Just Gymnastics for attending.

Some great performances, well done to all. A big thank you to Georgia Hewitt for organising the event and to all SSoG parents, coaches and gymnasts who helped on the day.

For the full results and more pictures have a look at the website.



Halloween Party



The Halloween Party organised by the Fund Raising Committee was held on the afternoon of 27th Oct and was a huge success. There was a big turnout to the gym, which had been transformed into a spooky home for the party complete with pumpkins, cobwebs and mood lighting. There were some great costumes, even DJ Mike was in the theme. There were refreshments and lots of dancing.

A big thank you to Jayne Mooney and Suzanne Winterbone who organised it and the helpers who have made sure that there was enough themed food and decorations. All monies raised, a staggering £610, will go towards the new floor. Thanks too for the loan of sound systems and some excellent coloured lights.

