



Stockport School of Gymnastics

November 2017 News



Class Dates 2017/2018

TERM DATES:

13th November 2017 to 3rd February 2018 (11 week term)

PAY BY DATE:

5th Nov 2017

NO LESSON DATES:

Monday 25th December 2017 to Tuesday 2nd January 2018 - Christmas Break

Saturday 16th December - Christmas Competition

Pre School: - Tuesday 23rd Jan 2018, 12.45pm - centre closed

Thursday 25th Jan 2018, 12.45 and 1.45- centre closed.

Christmas Holiday Camps

Wednesday 27th December - Beam and Bars Day

Thursday s 28th December - Tumble

Friday 29th December- Floor and Vault

October was a good month for the club with Becky Mooney winning the Level 2 North West Championships and our Level 3 team winning the North West team Challenge. First time for SSoG so congratulations to Amy Robinson and Ruby Hewitt.

There were trophies too for Heidi Mail and Lilliana Robertson as overall winners at the Wilmslow Halloween Spectacular.

In the gym Hannah Whelan, European Champion and Olympian, delivered a Choreography Seminar.

November looks like a busy month too.

Paul Reay Team Challenge October 2017

Our first ever Gold on the Teams Competition wasn't the end of our success, with a Silver medal for the Level 5 team, Sophie and Kate Wigglesworth, Elyce Pearson and Alycia Gill. See the picture, very happy faces.



British Gymnastics Renewal It's a boy!

What a nightmare for all involved. We are just about done at SSoG, but there are still one or two that haven't tried and some that are trying very hard and not able to break through the technical issues on the website.

If you have not tried then there will be a date very soon that you will not be allowed to train as you will not be insured.

If you are having technical issues with the BG website, then please phone their helpline. It's very busy, but SSoG are unable to help with those problems.

Lastly we apologise for the questions on the website. We have not asked for that information, all of it is a BG request. We had no prior knowledge on what the forms would look like or questions asked.

Christmas Competition

The Rec Christmas Competition is on Saturday 16th December. Rotations and timings will be available mid November and will hopefully meet all your requests for when you are available. During the competition we will be raising money for a Defibrillator for the centre. We will be holding a bake sale, gift wrapping service, Forever Living Christmas stall (all profits go to the defib fund), tombola, tuck shop and photographs to purchase taken on the day and lots more, if anyone has any ideas for stalls etc.. please let us know!

Defibrillator

To raise funds for the defibrillator the 50/50 bucket is back! The bucket will be manned by the tuck shop team and kept in the kitchen area during tuck shop opening times. The draw will be held every Monday morning and the winner notified by text. 50% of the money in the bucket each week will go to the draw winner and 50% to our Defibrillator fund.... Please support and help us get our defib in place for January



Maybe a bit self indulgent, but welcome to the world Daniel Thomas Goldstraw, a grandson for me and a son for Cathy (nee Healy).

I've had the grey hair for a while so I really feel like a grandad now. Cathy and Daniel are hoping to be at the club championship on 19th Nov.

External Improvements

The landlord has completed the resurfacing of the car-park that was started in 2015 and we now have a smooth surface that will drain and hopefully no more puddles. The car park will be marked out to help with safety during changeovers.

We have also added some more external lights which will help during the winter, not just in the car park but also in the bike shed area.



SSoG Calendar for 2017

11th/12th Nov	organised. Club Photo
GM 4 Piece at Wigan	10th Dec
12th Nov	Inter-County teams
English Gold Silver and Bronze Championships in Leicester	16th Dec
19th Nov	Rec Christmas Competition at Newby Rd.
SSoG Club Championship at Newby Rd. There was a plan to have a presentation evening but we have run out of time to get it	17th Dec
	Parent's have a go session and award of the SSoG Gymnast of the Year

Exam Success

Congratulations to Sarah Kitchen, who passed her Women's Artistic Level 2 coaching exams during November. Sarah coaches in the Club and looks after the Development Group Gymnasts who will be taking Grades in 2018.

A big well done to Amanda Rouen, who passed her Club Judge exams. We now have 9 qualified judges for the current cycle.

Extract from Regional/National Calendar for 2018

Date	Competition	Venue
9 th - 11 th Feb	English Championships	Redbridge
17 th /18 th Feb	GM Grades	Robin Park Sports Centre
8 th -11 th Mar	British Championships Junior/Senior/Espoir and Apparatus Finals	Liverpool Echo Arena
17 th /18 th Mar	NW Grades - Compulsory 5, 4 and 3 (Compulsory 2 Pre-Comp) NW Grades - National Grades	Robin Park Sports Centre
22 nd Apr	NW Grades Finals for County Teams	Robin Park Sports Centre
5 th /6 th May	GM Floor & Vault Championships	Robin Park Sports Centre
26 th /27 th May	National Development Plan 4, 3, 2 & 1	TBA
16 th /17 th Jun	NW Open	Robin Park Sports Centre
23 rd /24 th Jun	NW Floor and Vault Championships	Robin Park Sports Centre
9 th Sep	NW Age Groups and FIG Challenge Cup Qualifiers Bill McLoughlin Team Trials	Robin Park Sports Centre
15 th /16 th Sept	Adrian Stan Team Championships	TBA
29 th /30 th Sept	North West Team Challenge	Robin Park Sports Centre
27 th /28 th Oct	North West Individual & Apparatus Championships Out of Age	Robin Park Sports Centre
3 rd /4 th Nov	GM 4 Piece	Robin Park Sports Centre
9 th -11 th Nov	Espoir, Junior & Senior Challenge Cups	TBA
9 th Dec	Inter-County teams	Robin Park Sports Centre

Halloween Competition

SSoG entered this friendly competition at Wilmslow Leisure centre and as you can see from the picture won lots of medals and cups. 4th place was probably more fun as Halloween goodie bags were given out. Thanks to all who helped, especially judges.



Hannah Whelan seminar at SSoG

During the half term holiday we were delighted that Hannah Whelan took time out of her busy schedule to deliver a seminar to Coaches, Judges and the Choreography Team on the new requirements for Beam and Floor dance. Great session.



North West Individuals

SSoG gymnasts came away from this competition with an overall champion and a number of medals from a weekend that was good, but very nearly great. All is looking good for the GM Championships mid month.

The SSoG medallists were:

Becky Mooney, 4 golds and a silver, Heather Davenport, Gold on Bars, Charlotte Wells, Bronze on Beam, Kate Wigglesworth, Gold on Vault and Bronze on Floor and Overall, Sophie Wigglesworth, Gold on Bars and Silver on Beam, Alycia Gill, Bronze on Beam, Ceira Mooney, Bronze on Bars, Gabby

Widdall, Bronze on Floor.

Thank you to attending coaches and the 4 SSoG judges.

