

Stockport School of Gymnastics



**November 2014
Newsletter**

The North West Individuals was the only competition we entered in October and it resulted in a first major award for Megan Dooley, the Overall Novice Champion. Great achievement.

We now move onto the preparation for the Greater Manchester Individuals and hopefully some more awards.

The new recreational terms have started and we are trialing a new database system, which sorts out classes, reenrolment, register and the like. All will not be right first time, but we will learn and all will be better for the term after Christmas. If you have any suggestions on improvements, do let us know, such as accepting card payment and payment online.

We have also issued the club handbook for the next 12 months. Copies have been emailed to members and are available in the gym. We are also looking at an induction pack for new members to try and get them more involved.

SSoG Calendar 2014

November 8th & 9th

Greater Manchester 4 Piece at Wigan

November 12th

NW AGM at Haydock. Only 12 attended last year from the whole region.

November 15th

Club Championship at the Newby Rd. Gymnastics Centre.

November 16th

Squad training for likely Compulsory Level 3 and 4 gymnasts at Liverpool Gym Club.

November 22nd & 23rd

North West Floor and Vault Championships at Wigan.

December 14th

North West Inter County Team Championships at Wigan

December 20th

Recreational Competition for all gymnasts attending classes at both Newby Rd and Offerton centres. This is the first time we have attempted such a large event with potentially 450 gymnasts taking part.

Monday 22nd December to Friday 2nd January sees none of the normal classes, but we will be running a holiday camp and there will be some club training.

See the calendar on the website for details of all class time and dates.

Inside this issue:

October Half Term Activities

The new Reenrolment system

Centre Improvements

GM Individuals

Tickets for Glasgow

The Volunteers Committee

5 new Level 1 coaches

The Club Championship

Club Handbook now issued

NW Individuals

NW AGM

Judging Course

The NW have arranged for another judging course for both Regional and Club judging. We would hope that parents who look at the competition scores and haven't a clue on why the gymnasts were deducted would be interested in the club judge course. Existing Club judges should be looking to do the Regional course. The dates are:

Saturday 10th & Sunday 11th January and Saturday 17th January with the exam on Saturday 31st January.

If you are interested then the club pays (as long as you judge 3 competitions for us) and we will supply the application forms. You should contact Nikki Perkins too.

I think we already have the most judges in the region!

WWW.SSOG.CO.UK

GM Individuals Entries

The following gymnasts will represent the club at the forthcoming competition at Wigan on 8th/9th Nov. Good luck! All the details are on the notice board.

Pre-Novice

Heather Davenport, Grace Roberts, Millie Hewart, E.V Wall, Phoebe Fletcher, Charlie Wright, Charlotte Cleaver, Sophie Botham, Rebecca Garside, Leah Kidd, Grace Jackson

Novice

Rebecca Roberts, Charlotte Wells, Martha Yates, Lauren Paolo, Sam Hall, Amy Robinson, Anna Marsh, Megan Dooley, Gwen Bantoft, Lily Hallsworth, Ruby Hewitt, Kate Martin

Level 4

Grace Haughton, Abigail Marshall, Georgia Mather

Level 3

Chloe Astley

GM Panel

All competitions in Greater Manchester County are run by a panel, made up of judges/coaches/parents from GM Clubs. We could do with some new blood on the panel. If you would like to get involved, then have a word with Mike.

Half Term Holiday Camp



The holiday camps proved as popular as ever with good attendance during the half term week and more than 30 gymnasts on the full day camp.

This time the Friday camp was on Halloween and the gym was decorated with spooky cobwebs, spiders and of course a pumpkin. There were spiders to be collected all over the gym. Activities included dressing gymnasts up as mummies.

For the next camps, we will be asking for payment in advance such that we can make sure we have the activities prepared for the correct number of gymnasts.



2015 Gymnastic World Championships in Glasgow



Clare Paolo and Helen Wall are organising a trip to the Gymnastic Championships next year in Glasgow. We are going on 31st October 2015, which is a Saturday, to watch the first half of the Apparatus Finals. This is both Men's and Women's gymnastics and is vault and bars final for women and rings, floor and pommel for men. The plan is to hire a coach and travel up on the Saturday morning, the finals start at 12:30 and finish around 6pm, so we will return by coach the same day.

Please look for signs in the gym on the notice boards. We

need to get numbers of tickets required and payment by 9th November 2014. The cost is £40 per adult and £20 per child/concessions. Please visit the web site for details of concessions:

www.2015worldgymnastics.com

We will let you know the cost of the coach at a later date.

Clare and Helen

Recreational Re-enrolment



Members are spread 20 miles from West to East and North to South

We are using a new system for re-enrolment this term for rec classes at the Offerton and Newby Rd. centres. It is a database system and prints out an invoice for your fees and include all information about your child so that you do not need to fill forms out. If any of the information is missing or incorrect, then we can add it to the system and it will be right for the next term.

The system also tracks payments and prints out the class registers. We are hoping that it will make things easier for Bev and Jade in the long term, but as with all new things it may take a while to bed in so please be patient.

We now have more than 800 BG members. If you look at the postcodes you can see that people come from far and wide to train with SSoG. The map below has a lot of the members removed for clarity, but we go as far as Lymm to the west, Greenfield to the north, Buxton to the east and Macclesfield to the south.

Centre Developments

The Dance Studio Air Conditioning is fitted and operating and heats as well as cools.



Continental have delivered the junior bars to the Offerton Centre and a school has donated an open low level set of box tops that will be used at the Pre-School sessions at the Newby Road Centre.



Over the half term holiday the Landlord has had a gang of men on the roof trying to fix the leaks and we do hope that we will be able to get rid of the drip trays and be 100% dry.

The next major project is the building of a U pit next to the bars pit to be able to coach more complex moves. A design and price has been obtained from Continental Sports and Aidan's team are gearing up for the next big build. As we cannot use the dance studio for the joinery, it looks like the work will need to be completed over the Christmas period.

We still haven't had anyone approach us with IT skills so a second call for any help with networking our PCs and getting Office software installed. Thanks!

Other News

Congratulations to Matt Sheerin, Craig Johnson, Aaron Carberry, Sarah Dean and Eleanor McGill who all successfully completed their Level 1WA coaching courses and are now qualified coaches. Thanks to their mentors too for helping with the paperwork and to the gymnasts who demonstrated for then during the course and at their exam.

Parent Committee Meeting was held on Sat 25th (minutes out later this week and a copy will be put on the noticeboard) – a variety of issues were discussed from ideas for the Xmas Party to the Rec Comp Scheduled for December. £30 has been raised by sale of 2nd hand leotards .

Attendees do not have to volunteer/commit themselves on a regular basis – for example they may be able to help out on a professional basis as tradesmen/women, legal advice etc. It is also a good way of meeting the other people in the gym and finding out what is going on.

There is an action to produce an induction pack for new parents to help them to understand how they can help get the best for their children at the gym by helping out at the various events organised by the club.

The 2014/2015 handbook has been sent to all club members that we have an email address for. There is also a copy in the

gym on the notice boards. It is not always 100% up to date, for instance since it's publication we have more qualified coaches. Please take time to read as there is information that you will find useful.

A coaching clinic was run during the half term holiday and 27 recreational coaches attended with 16 gymnasts. The purpose is to try and make sure that good ideas are shared between coaches and across centres to keep our recreational sessions safe and fun. Thanks to all who attended and to Jade for organising and running the day.

When we were at Dialstone we used to run a Christmas Competition for all recreational gymnasts. It was a good event to finish off the term and a chance for parents to see what their children had been taught. It was manageable as there were only 150 gymnasts.

We now have approx. 450 recreational gymnasts and Bev and Jade have decided to have a go at organising a completion on the last Saturday before Christmas for all gymnasts from the Newby Rd and Offerton centres.

Practice will be happening throughout the term and all details of mores will be available at the classes over the next week or so.

North West Individuals

The results were mixed with some good individual performances on certain pieces, but less medals than we would normally expect at this event. The coaches have met to look at where we could improve and will be looking for better competition preparation, more judging input in the gym and better access to pieces.

