Stockport School of Gymnastics



National Grades 2017



The National Grades went very well for SSoG with all entered gymnasts passing their grade.

The 5 months spent perfecting routes and moves paid off. Congratulations to Ruby Hewitt, Heather Davenport, Alycia Gill, Sophie Wigglesworth, Macy Ann Douglas, Martha Yates and Katie Wigglesworth. Don't for get the coaches Jamie Robinson, Bev Perkins and Tracey Davenport. Well done to all.

May June Class Term Dates

The next term invoices have been issued and must be paid by the end of April to guarantee your place. The term starts on Tuesday 2nd May and finishes on Sunday 25th June.

Recreational and Teens

Saturdays, Tuesdays, Wednesdays and Thursdays 8 weeks. Mondays. 6 weeks, no sessions on Bank Holiday Mondays.

Pre-School

No sessions for the 2 weeks of Spring Bank Holiday. Wednesdays, Thursdays and Fridays 6 weeks. Mondays. 5 weeks, no session on Bank Holiday Monday either.

Home School

No sessions for the 2 weeks of Spring Bank Holiday. 6 weeks.

May 2017 News

Stockport School of Gymnastics Ltd Newby Rd, Hazel Grove, Stockport SK7 5DA 0161 456 2762 office@stockportgymnastics.com www.stockportgymnastics.com

Classes:

- Recreational
- Pre-School (with parents)
- Pre-School (independent)
- Parent and Toddlers
- Open Play (during holidays)
- Adults
- Beginner Adults
- Ladies Fitness
- © Competition Squad (by invite)
- Club (by invite)
- Teens
- Home School
- Tumbling (during holidays)
- Holiday Camps

Additional Information:

- Recreational classes are available at our satellite centre at Life Leisure Dialstone in Offerton on Saturdays
- The gym is available for hire by registered organisations
- Birthday parties are available when other classes are not on

National Grades (some pictures)

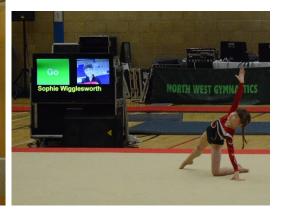


















Other News

Well done Chloe Willoughby who has passed her Women's Artistic Level 2 coaching exam. A big thanks to Berenice, who mentored her, and Ellen, Ciera and Lola who were her gymnasts on exam day.

We have just renegotiated the rent for the Newby Road facility for the next 5 years. Seems hard to believe that we have been

away from Dialstone for 5 years. What will the next 5 years bring?

A little late with the article, but a big thanks to Gareth Martin who on his Sept-Dec football competition and raised £102.50 for the club.

One winner this time was Gareth Collier who won £102.50. All helps so thank you Gareth.

A couple of reminders for your Health and Safety at the Newby Road Centre. Please close the door when entering and exiting as this is a security door. Be very careful in the Car Park at change over as it is very busy. 5 mph is fast enough. Please collect your children from sessions on time as they can get unsettled if you are late.

SSoG Calendar 2017

Current Term

The term starts on Tuesday 2nd May and finishes on Sunday 25th June.

6th/7th May

GM Floor & Vault Championships at Robin Park in Wigan.

17th/18th Jun

NW Open at Robin Park in Wigan

24th/25th Jun

NW Floor and Vault Championships at Robin Park in Wigan

1st/2nd July

Frank Williams Competition being held this year at the Offerton Centre. This is a Floor and Vault competition for recreational gymnasts.

16th July

Manchester South Invitational Competition being held at their gym in Wythenshaw. This is a 4 piece competition for Level 6, 5 and 4 gymnasts.

23rd July

Stockport Floor and Vault Championships at the Newby Road Centre.

More on the website

AGM

The AGM will be on Monday 8th May at the gym starting at 6.30. Refreshments will be available. Gym will be on with the Choreography team let loose to do what ever they please. It would be good to see a big turnout.

The agenda and formal invitation will be sent to all members, but will include the plans for the future development of the club.

The current board members are as follows:

First Directors

Karen Dooley Secretary

Jennifer Lambert

Mike Healy CEO

Steve Cleaver Finance Director

The Board

Phil Richardson Chairman
Gareth Martin Treasurer

Sarah Johnson Welfare (retiring)

Aidan Mooney

This is a very small board and has lots of key positions missing, such as Head Coach, Head Judge, Health and Safety and with Sarah retiring, a gap for Child Protection. All help accepted.

All parents of BG insured gymnasts are members of the club and are entitled to be at the AGM and vote. This is your chance to join the team, ask questions, put the club to rights, or just turn up and enjoy the refreshments.

If you would like to get involved see Mike.

Greater Manchester Floor and Vault

We have a large entry for the Greater Manchester Floor and Vault Championship on the 6th May. Great to see so many wanting to represent the club. Entries are as follows:

Pre-Novice

Aaliyah Taylor, Alice Mills, Molly Doody, Ava Renshaw, Amy Winterbone, Lola Unsworth, Lexi McLoughlin, Eleanor Totten, Ella Hales, Emily Mills, Erin Archbold, Jessica Rouen-Stout, Olivia Corcoran, Olivia Knight, Poppy Francis, Sadie Caine, Tabitha Luxton, Milly Eyre and Cara Widdall.

Novice

Lily Davison, Annabel Clarke, Sarah Wilson and Katie Lee Intermediate

Olivia Heapy

All the timings and attending coaches are on the notice board. Make sure you arrive in plenty of time as this is a very full and busy day. There is now a car parking charge at Wigan of £4 for the day. There are no Rugby or Football matches on the day so parking shouldn't be too bad.

All gymnasts MUST have a club leotard. Good luck to all competing SSoG gymnasts.

Gymnast of the Month



The gymnast of the month for March was Amelia le Fondre. Great progress in the month on all pieces. Well done Amelia.

Spring Bank Holiday Courses

Tuesday 30th May to Friday 9th June

Recreational holiday camps are for ages 5-16. For both members and non-members.

These sessions are for recreational gymnastics of all abilities; ranging from children who have never done gymnastics, to children who attend recreational sessions. We aim to provide a fun session full of games and to also practice and improve on their current knowledge of gymnastics.

The sessions are:

Tuesday 30th May - Friday 2nd June

Gymnastics school 9 to 3:30pm

Monday 5th June

Full day camp 9 to 3:30pm

Tuesday 6th June

Full day camp 9 to 3:30pm

Wednesday 7th June

Full day camp 9 to 3:30pm

Thursday 8th June

Tumble and Tramp 9 to 3:30pm

Friday 9th June

Open play parent and toddler session 9:30 to 12pm

Open play 0-4 years 1 to 3pm

All classes can be booked and paid online

