



Stockport School of Gymnastics

March 2020 News



We have launched this month a major change to the registration and booking system. You can now book directly into Recreational classes and pay online where there are spaces in the class. This should simplify the entry into the club and reduce our waiting lists.

We also have wrestling news; odd but do read the article on one of our coaches.....

Contacts

Office

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or complete a contact form

<http://www.stockportgymnastics.com/wp/contact-us/>

Club

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Welfare Officer

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Websites

General

www.stockportgymnastics.com/wp

Competitive

www.stockportgymnastics.com/club

Facebook

[@stockportschoolofgymnastics](https://www.facebook.com/stockportschoolofgymnastics)

Instagram

[@stockportschoolofgymnastics](https://www.instagram.com/stockportschoolofgymnastics)

Merchandise

www.bluefroggraphics.co.uk/stockport-school-of-gymnastics-home



2020 Calendar

6th to 17th April

Easter Holidays. No Pre-School classes. No Parent and Toddler Sessions. No Ladies Fitness Sessions. All other classes continue as usual but not on the Bank Holiday (see below).

Friday 10th April

Bank Holiday, no Rec Classes

Saturday 11th April

Rec and Teen classes all operate as normal.

Monday 13th April

Bank Holiday, no Rec Classes

19th April

Final day of the Rec Term

20th April

Start of the new Rec Term for Offerton and Newby Rd; includes Youths, Rec, Pre-School, Parent and Toddler and Ladies Fitness.

Easter Camps

The holiday camps are online now so get booking.

Week 1

Monday 6th April

9.00 to 3.30 with a half hour lunch break.

This is a full day holiday camp - all pieces will be used throughout the day. It is for 5 years upwards at Newby Road. Price £30.

Tuesday 7th April

9.00 to 3.30 with a half hour lunch break.

This is a tumble and bounce camp - children need to be competent with cartwheels, bridges and working towards round offs as a minimum requirement. It is for aged 7 years and upwards at Newby Road. Price £30.

Wednesday 8th April

9.00 to 3.30 with a half hour lunch break.

This is a full day holiday camp - all pieces will be used throughout the day. It is for 5 years upwards at Newby Road. Price £30.

Thursday 9th April

9.30 to 12.00 and 12.30 to 3.00

These are Open Play Parent and Toddler session for children 0-6 years at Newby Rd. Price £5.00 per session. There is one session before lunch and one in the afternoon

Week 2

Tuesday 12th April

9.00 to 3.30 with a half hour lunch break.

This is a full day holiday camp - all pieces will be used throughout the day. It is for 5 years upwards at Newby Road. Price £30.

Wednesday 13th April

9.00 to 3.30 with a half hour lunch break.

This is a tumble and bounce camp - children need to be competent with cartwheels, bridges and working towards round offs as a minimum requirement. It is for aged 7 years and upwards at Newby Road. Price £30.

Thursday 14th April

9.00 to 3.30 with a half hour lunch break.

This is a full day holiday camp - all pieces will be used throughout the day. It is for 5 years upwards at Newby Road. Price £30.

Friday 15th April

9.30 to 12.00 and 12.30 to 3.00

These are Open Play Parent and Toddler session for children 0-6 years at Newby Rd. Price £5.00 per session. There is one session before lunch and one in the afternoon

All sessions are on the website and can be booked and paid for online. Hope you can join us



Regional Grades

The Regional Grades were held at Wigan on 1st Feb and some excellent results for the SSoG gymnasts. Congratulations to Bella Gnatiuk, 3rd in the Grade 3 Greater Manchester Competition.

We had distinctions for Orla and Bella and commended for Amelie in Grade 3 and commended for Riley and Alys in Grade 4. Full results are available on the website.

Online Booking

The process for booking classes has changed for new members and we hope it simplifies and speeds up the path to Recreational Classes at SSoG.

You can now search for places for gymnasts on each day based on age and if there is room in that group you can immediately book that place, pay for it and start training the next time the class runs.

If you can't find a place, then the waiting list is unchanged.

You will still need to register with British Gymnastics as before, but no further payments are due to BG.

We would ask that you take notice of the age of the gymnasts in the class. If the class is advertised for 6 year olds, then if you register with a child of a different age the software isn't smart enough to see that and will still take your fees. We will spot the age when we look and classes and refund fees as appropriate.

Rec 4 Piece Competition

Good luck to all SSoG gymnasts taking part in this competition on Sunday 8th March at Newby Rd. Come and support them if you have a spare half hour and if you have a spare hour come and help with running the event.

SSoG Gymnasts taking part:

Lucia Sharpe, Eleanor White, Holly Allen, Isla Ijima, Neave Stafford, Sienna Bullen, Milly Eyre, Lily Wyatt, Madeleine Frost, Annabel Clarke, Ella Hales, Alice Mills, Amy Thompson, Ava Renshaw, Lowri Mashburn, Heidi Mail, Annie Francis, Evie Talbot, Maddy Gerard Jones, Abigail English, Olivia Doody, Katie Lee, Katie McKenzie, Olivia Heapy, Lily Davison, Sarah Wilson, Emily Mills, Molly Doody.

Thanks to Georgia and Charley for organising the Comp and the parents committee for helping outside the gym.



2020 Competition Dates

8th March

SSoG Rec 4 Piece competition for Comp Squad gymnasts at Newby Rd.

29th March

SSoG Easter Competition for Club gymnasts at Newby Rd.

25th/ 26th Apr

NW Grades – Compulsory 5, 4 and 3, National Grades 1 to 4 and NW National 5 at Robin Park Sports Centre in Wigan

26th Apr

Evolve Circus themed 4 Piece in Wythenshawe

2nd/3rd May

Counties Floor & Vault Championships at Robin Park Sports Centre in Wigan

23rd/24th May

National Grades Finals 4, 3, 2 & 1 for the NW Team at Fenton Manor in Stoke

6th/7th Jun

NW Floor and Vault Championships at Robin Park Sports Centre in Wigan

13th/14th Jun

NW Open and Challenge Cup Qualifiers at Robin Park Sports Centre in Wigan

20/21st June

Trip to Tokyo run at The Wire in Warrington

20/21st June

Hannah Whelan 4 Piece at Warrington Gym Club

4th/5th July

Frank Williams at Newby Rd.

4th/5th July

Milano 4 Piece invitational competition run by Preston Gym Club

19th July

SSoG Floor and Vault Comp at Newby Rd.

12th/13th Sept

Paul Reay Team Challenge at Robin Park Sports Centre in Wigan

Kai McIntosh



On Sunday 2nd February our very own Kieran competed in his debut professional wrestling match. Billed under the name Kai Mckintosh, Kieran had a gruelling match against an amazingly talented wrestler. There were flying round house kicks, compression chokes, arm pulls, back flicks and somersaults. It was extremely entertaining and the two coaches who went to support him had a great time and will definitely be back next time. Fingers crossed for a win, and less blood!! Well done Kieran 'Kai' Brown, you were a star.



27th Sept

NW Age Groups and FIG, Challenge Cup Qualifiers & Bill McLoughlin Team Trials