

Stockport School of Gymnastics

30th Anniversary



**March 2016
Newsletter**

Easter this year is very complicated so the full details of all classes and holiday activities are covered in this issue such that there is no confusion.

Our first competition of the year was the 4 Piece competition held on the 21st February in the Newby Road facility. Gymnasts from 6 clubs enjoyed a relaxed day of friendly competition with some great performances from SSoG girls, some of whom were competing for the first time.

The board has approved the installation of a raised bar U pit at the far end of the Newby Road facility. The construction will be done by Aidan Mooney and team, just as we did the tumble track and original pits. If you would like to help, let us know.

The Regional Grades Competition will be held at the start of April and SSoG has a small, but strong team entering. Good luck to our gymnasts and hope that the hard work they have put in will get them into the Greater Manchester team.

We have set the date for the 30th anniversary celebrations, so make sure you are free on Saturday 25th June. It will be a great day of activities followed by a party at a local hotel. Come on join us, whether a current or past member of the club.

SSoG Calendar 2016

29th February

Start of the new term; please pay your invoices promptly.

25th March

Good Friday, public holiday so the gym is closed, no classes at the Newby Road Centre.

26th/27th March

Easter weekend. No classes at the Newby Road and Offerton facilities. Club gymnastics will be on, but look out locally in the gym as the times may change from normal.

28th March

Easter Monday, public holiday; the gym is closed, no classes at the Newby Road Centre.

2nd/3rd Apr

Greater Manchester Grades (Club & Regional), at Robin Park in Wigan

4th to 15th April

No Pre-School Classes. Easter Holidays. During the Easter Holidays there will be Holiday Camps and a repeat of the open play Parent and Toddler sessions that were so popular during the February half term. Look out for details on the website.

5th and 12th April

No Home School Classes. Easter Holidays.

16th Apr

North West Grades - National & Compulsory Grades, at Robin Park

Inside this issue:

From the archives

SSoG 4 Piece Competition

The U pit

Club and Regional Grades

in Wigan

23rd Apr

North West Regional & Club Grades Finals at Robin Park in Wigan

25th June 2016

Save the date for our 30th Anniversary party.

Stockport 4 Piece Competition

A big thanks to all folk at SSoG who helped out at the 4 Piece Competition on Sunday 21st Feb at the Newby Road Centre. 75 gymnasts from 6 clubs competed in a friendly competition for gymnasts who are just shy of County and Regional 4 Piece competition.

All clubs went home with medals and some good performances from SSoG gymnasts. The highlights were our overall champions, Olivia Heapy, Erin Archbold and Holly Duffy. Full results can be downloaded on the website.

Just to underline the benefits to the club of the parental help at these competitions to try and encourage more to come and lend a hand. The gymnasts love the competitions and have a great time representing the club and hopefully doing well. All of the entry fees (minus the cost of the trophies) are added to club funds. On the day we raised £650 through the door entry fees, the tombola, coffee and teas and commission from the photography stall. All goes to the Volunteers Committee, who independently from the club, decide what the money is spent on. So do come and help on the competition days and even better, come and join the volunteer committee and give the gymnasts an even bigger boost. Your contact is Jayne Mooney.



Other News

The Board has given approval for the installation of a U pit. So what's a U pit? The picture below shows a U pit sunken into the floor, essentially a padded box with a bar over it. It's used for learning



giants and turning giants in a less scary way as the gymnast feels safer in the enclosed pit. We can't go into the floor, so we will be building up like we have done for the existing pits. It will be a couple of months for the supplier to be available so all should be done before the grand opening in June.

The AGM this year will be on Monday 2nd May at the Newby Road facility. Your chance to come and listen to what the club has been up to this year, look at the finances and for all members to have their say. Want to get involved? Like to be a volunteer or sit on the board? This is your chance.

All parents of any gymnast training at Offerton or Newby Road are members so please come to the AGM. The formal notices will be on the notice boards at the end of March.



The Greater Manchester Grades are on 2nd/3rd April and SSoG have entered a number of gymnasts in the Regional Grades, which are being held

in Wigan at Robin Park Sports Centre.

Good luck to:

Regional Grade 1

Leah Kidd, Megan Dooley, Lily Hallsworth

Regional Grade 2

Anna Marsh, Charlotte Cleaver

Regional Grade 3

Elyce Pearson



A big welcome to Club Coach Berenice Webb, who has joined SSoG to look after the Development Group and to run a number of classes from Pre-School to Beginner Adults.

From the Archives

This month we are back in 2000, the millennium year. The photo was taken at the Club Championship, just before Christmas at the Dialstone Centre in Offerton. Most of the gymnasts have moved on, but there are a number of people in the photo who are still part

of the club today.

See if you can pick out Mike Healy, Pete Stanway, Vicki Healy, Cathy Healy, Bev Perkins, Phil Richardson, Jade Waldron, Nikki Havery (nee Perkins), Claire Ferguson and Sarah Potter. I think Phil has still got that top!

