

Stockport School of Gymnastics

June 2017 News



Welcome to the Hall of Fame for Amy and Molly, champions in their age at the GM Championships.

SSoG Competition Calendar 2017

1st/2nd July

Frank Williams Competition at the Offerton Centre. This is a Floor and Vault competition for recreational gymnasts.

16th July

Manchester South Comp being held at their gym. This is a 4 piece competition for Level 6, 5 and 4 gymnasts.

23rd July

Stockport Floor and Vault Championships at the Newby Road Centre. This is a competi-

tion for Competition Squad Gymnasts and younger club gymnasts, yet to do grades.

29th Sept – 1st Oct

Pink Ladies Comp in Durham

7th/8th Oct

North West Team Challenge

6th/8th Oct

Senior Challenge Cup

28th/29th Oct

North West Individual & Apparatus Championships (Out of Age)

11th/12th Nov

GM 4 Piece

11th/12th Nov

English Gold Silver and Bronze Championships (Part 1)

19th Nov

SSoG Club Championship and Presentation Events

2nd/3rd Dec

English Gold Silver and Bronze Championships (Part 2)

10th Dec

Inter-County teams

Greater Manchester Floor and Vault Championships



What a great day for the SSoG gymnasts representing the club in the GM F&V comp at Wigan on 6th May. There were lots of medals and 2 overall champions.

Congratulations to Amy Winterbone and Molly Doody, both Pre-Novice Champions.

Other medal winners were:

Pre-Novice

Alice Mills, Bronze on Floor.
Ava Renshaw, Silver on Vault and Bronze Overall. Olivia

Knight, Silver on Vault, Bronze on Floor and Silver Overall. Emily Mills, Bronze on Floor. Lola Unsworth, Silver on Vault and Silver Overall. Eleanor Totton, Silver on Vault.

Novice

Katie Lee, Bronze on Vault and Silver Overall. Sarah Wilson, Gold on Vault and Silver Overall. Lily Davison, Bronze on Floor.

Well done all gymnasts!



The next competition for the Floor and Vault gymnasts is in our Newby Road Centre on the 23rd July. This competition is for Pre-Novice gymnasts only and invites have been sent to the following gymnasts:

Erin Archbold, Alice Beckley, Crystal Brennan, Francesca Bur-

ton, Sadie Caine, Olivia Corcoran, Katie Dale, Lauren Dewsbury, Molly Doody, Alice Ellarby, Milly Eyre, Poppy Francis, Eva Rose Gannon, Ella Hales, Vienna Hooley, Demi Hounslow-Rothwell, Ruby Hyde, Olivia Knight, Katie Mackenzie, Heidi Mail, Lexi McLoughlin,

Alice Mills, Emily Mills, Ellia Morgan, Thea McAllister, Summer Munro, Ava Renshaw, Jessica Rouen Stout, Aaliyah Taylor, Amy Thompson, Eleanor Totton, Lola Unsworth, Martha Ricketts, Cara Widdall, Amy Winterbone plus some younger club gymnasts.

Manchester South Competition

We have been invited to a 4 Piece Competition on Sunday 16th July at Manchester South Gymnastics Club. It is for gymnasts competing at Levels 6, 5 and 4 and is a great chance for the younger gymnasts who did Grade 6 and 5 this year to compete in a friendly arena before the main competitions later this year. The invites have been sent to:

Level 6

Bella Gnatiuk, Lowry Mashburn and Amelia Le Fondre, Lola Ardley, Elizabeth MacNamee, Gabby Widdall.

Level 5

Ellen Ijima, Ceira Mooney, Elyce Pearson, Sophie Wigglesworth, Kate Wigglesworth, Alycia Gill.

Level 4

Heather Davenport, Macy Anne Douglas, Millie Hewart, Anna Marsh, Holly Duffy, Caitlin Mathison, Charlotte Cleaver.

Judging

The North West have organised a Judging Refresher Seminar to go through the changes to the rules for 2016 to 2020. The course is on the afternoon of Sunday 11th June so Gym will be from 9.00 to 12.00 on that day. The attendees are Mike Healy, Tracey Davenport, Bev Perkins, Jamie Robinson and Berenice Webb.

During May Mike held a number of presentations to drum up some interest in taking the next cycle judging course, which will be held during August, September and October. If all that attended go on the course we will just about be OK for the next 4 years, but we could do with a couple more parents from Club attending. It's not too late, please inform Mike.

Coaches

We have been operating without a Head Coach for a few years now, not on purpose, just couldn't find the right candidate for the position. We have now advertised the role and hope to attract a high calibre leader for our performance gymnastics by the end of the summer.

Sarah Dean will be leaving the club during the holidays to go to university and her development group will be coached by a new coach to SSOG, Sarah Kitchen. Sarah is currently on her Level 2 course and will be joining us to work alongside Sarah Dean in the first week of June. Welcome to the club.

Gymnast of the Month



The gymnast of the month for April was Ruby Hewitt. This was all about competition performance and well deserved. Well done Ruby.

The Board

At the AGM the Board for 2017/2018 was confirmed as follows:

First Directors

Karen Dooley	Secretary
Mike Healy	CEO
Steve Cleaver	Finance Director

The Board

Phil Richardson	Chairman
Gareth Martin	Treasurer
Sarah Johnson	Welfare *
Aidan Mooney	

* Sarah has retired and is standing in until a replacement is found. Phil will become a First Director as soon as possible as voted at the AGM.