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Another Busy Month

This seems to be a very busy period for the club with lots going on in all areas. The fund raising has been increasing with all sorts of events, including 5 gymnasts completing the Great Manchester Run and more events planned.

The NW Floor and Vault was the May competition and we had huge success with 2 NW Champions, Eleri McLeod and Grace Wheeler. There were lots of other medals too.

We did a display to celebrate the opening by the Mayor of the new play equipment at St



Ella, Katy, Georgia, Carla and Charlotte just after completing the Great Manchester Run in Heaton Park to raise funds

Thomas's park, dodging the showers with big thanks to Mike Dooley for organising and Chris Roberts

for the transport of the mats, precariously perched on top of his transit.

The issues of where the club trains continues with very little progress on the new gym, news that Dialstone will be gone by Feb 2012 and just a faint hope that we may be included in the consultation process.

We celebrated 25 years of Dialstone with a party, supported Stockport Schools with their training for the GM comp and prepared for Lilleshall. Phew!

June Events

Open every session.

11th/12th June

The Greater Manchester Open at Birchwood. Day 1 is for club gymnasts, day 2 for the elite and well worth a visit.

18th June

Disco at Dialstone in the small gym for SSoG gymnasts and family. 7pm - 9pm. Details elsewhere in the newsletter.

26th June

Family Meal at the Red Rose Indian Restaurant, Hazel Grove. Start at 5pm. Details elsewhere in the newsletter.

The SSoG Calendar for 2011

11th/12th June

The Greater Manchester Open at Birchwood. This is the most difficult comp for us each year as it attracts gymnasts from all over Great Britain. We have entered 6 gymnasts.

18th June

Disco at Dialstone in the small gym for SSoG gymnasts and family. 7pm - 9pm.

26th June

Family Meal at the Red Rose Indian Restaurant, Hazel Grove. Start at 5pm.

2nd/3rd July

Greater Manchester Floor and Vault at Fit City Ordsall. This is a new venue for some and home of Salford Gym Club.

9th/10th July

The British Open at the Echo Arena, Liverpool. **THE GYM WILL BE CLOSED THAT WEEKEND SO THAT EVERYONE GETS A CHANCE TO GO.**

16th/17th July

The Frank Williams Competition. Venue: Dialstone. The

biggest competition that the club organises. Note the change of date. Training starts in June.

29th/31st July

The 2011 SSoG training camp in Lilleshall. Attendance is by invitation only.

17th/18th September

NW Age Groups, Teams, Individual Apparatus Competition. I'd like to see SSoG teams in Pre-Novice, Novice and Level 4. Venue Birchwood.

15th/16th October

Greater Manchester 4 Piece Competition. Venue to be confirmed, probably Copley.

12th/13th November

NW Out of Age Individuals Competition. Important competition for the club. Venue Birchwood.

Nov/Dec

NW Inter County Teams Competition (TBC) It would be good to have some representatives from the club in this competition.

Happy Birthday Dialstone

The 25th birthday party for Dialstone was held during May, organised by Pauline Barton, long time leader for the minimovers. The Sports Hall was packed for a fun filled afternoon with contributions from the main users of the centre.

We provided a couple of displays, based on the routines used at the North West Gym Fest, choreographed by Lindsay and team and supported by the Poynton Acro squad. Then there was a karate display, organised by Dave Grice, then minimovers then went through

some of their songs.

The next part all joined in, from minimovers through to the over 50s keep fit ladies; a huge Zumba session lead by Michelle Childs, the new centre manager. Great fun.

The afternoon finished with a Hokey Kokey and the announcement that over £700 had been raised for local charities.

A big thanks to Julie and team for providing refreshments, a bigger job than expected due to the large crowds.



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The mass Zumba session, all getting stuck in



Lilliana during the display



The hall was packed, standing room only at the back

SSoG Development Plan

The development plan was last issued in 2009 when we started a new club structure, which explained how we wanted to move from a very average club to a higher performing club. We formed an elite group and devised the 'Performance Pathways' that allowed gymnasts to develop from rec, through 2 piece, through club and on to elite.

2 years on and the performance in competition has improved as witnessed in competition results. This is due to a number of

reasons, from targeting competition entry to the appointment of a club choreographer. We would hope that we are doing some things right.

We still need to move on and this revision restates the central theme of the Performance Pathway, but reminds gymnasts that it is a 2 way street. Having reached club level, performance needs to be maintained to prevent sliding back.

A copy is available for all to read and comment on.

The New Dialstone

The 25th party was a great community event and contrasts with the lack of concern for the replacement. The consultation process seems to be very slow to get off the ground and if we are unlucky, could turn into a non event as the scheme is too far advanced to be changed.

In 2007 when Dialstone was last up for redevelopment, we got very excited as a new gymnastics facility was part of the Master Plan and we had a number of meetings with the

architect, the developers and the Sports Trust.

We are trying to plant the seed of this idea in the minds of SMBC, the Sports Trust, the local councillors and the Developer, to date with very limited success.

We have managed to get one positive response from SMBC, but no-one else is talking to us. We will submit a proposal at the beginning of June and will keep you in the loop.

This maybe a faint hope?



Fund Raising

£395 during May was raised, split between the club and Lilleshall. Great effort and reward for the hard work put in by the team.

We have a licence to allow us to do a Fundraising Pubcrawl in Hazel Grove which will take place during July. Fancy dress required, although some will need no encouragement.

There will be a disco on Saturday 18th June 7pm – 9pm, posters are in the process of being done so that we can display them and start selling tickets as soon as. Invitation is to Club girls and their friends/brothers/sisters and depending on Fire Regs the invite will also extend to Rec girls. Entry price is likely to be £3.50 and this will include a 'We Support SSoG' wristband and also free entry into Guess the Coach Competition (prize will be a teddy).

Look out for more events in this newsletter.

Dialstone Consultation

There have been some brochures in the centre showing what the replacement centre at Dialstone may look like. It is very short on specific plans, just broad aims. The developer has been revealed as THi Riverside and they are starting a consultation process in June to see what the centre users would like. Usually the scheme is set and the consultation only produces minor variations, but I get the feeling with this one that there could be room for some big changes to the sports facilities as there is no evidence of who they have talked to already.

The club has written a few letters and we have been assured that we will be invited to put our views to the developer as a consultee. Is this enough?

I have a view that the sport facilities will be the

25 Years of SSoG



The year is 1989 and we are in black and white. All papers didn't have colour in those days. In this picture all 3 of Pete Stanway's daughters feature and two of the gymnasts now bring their daughters to the club. Look out for details of our 25th Party, which we hope to be in September/October.



The British Open

The WAG British Open is on the weekend of 9th/10th July in Liverpool at the Echo Arena. We will be shutting the gym that weekend, no rec or club, to give everyone a chance to go and see the action. Tickets are selling fast, despite the high prices, so book as early as possible to make sure that you do not miss it.

Melford Road

Not much to report as the vendor was supposed to be coming back to us with some reaction to our new proposals and hasn't as he has been working away and has not been able to discuss it with his bank.

They have passed on some of the documents we need to start the planning application, but until the parking is sorted, we don't have sufficient reason to start the paperwork.

Carpet Right have not yet got back to us with the view of their solicitors on whether we can use their car park. Their business is under pressure too, with their 3rd profit warning this year and a rumour locally that they are looking at whether to close this branch.

Not very lucky so far!

This may look like a mountain, but with all that is going on at Dialstone, we are hoping that it will lead to a political solution being found. SMBC does have land in the area that it could let us use and then the project starts to move again.



Display at St Thomas's



We supported the opening of the new equipment at St. Thomas's playing fields on Saturday 28th May and were lucky to dodge the showers. The Mayor was there and was impressed with the display. The music stopped twice when the generator failed, but the show went on.



Pepper Road - Postscript

available April 2011

Pepper House
Business Centre

WEBSITE UNDER CONSTRUCTION

Pepper House offers high quality serviced office space in Hazel Grove Stockport.
We offer plenty of parking, close to main transport networks and ideal for those businesses looking to expand or relocate out of the city centre.
We have managed reception area, phone system and broadband available.

For more information or to arrange a viewing please call the office unit on 0161 487 1111
info@pepperhouse.co.uk

I wandered down Pepper Road the other day to see if the unit was still empty and it still is but they are advertising 40 serviced offices and although the website is not quite up and running, will eventually be at:

<http://www.pepperhouse.co.uk/>. No gym though. Shame.

Lilleshall

Excitement is building as the annual Lilleshall Training camp gets closer. The coach is booked, this year one coach for all, big enough to separate noisy gymnasts from sleeping coaches. The health forms will be out soon and final selection decided. The profiles and skills testing will happen early in June to give plenty of time for everyone to know who is going and how much it will cost. Fund raising has been huge so we hope the cost will be kept to a minimum.

Please note that this is a training camp (not holiday) at the best facility in the UK and will give gymnasts a chance to work advanced skills in a safe environment, not to repeat low level skills that could routinely be done at Dialstone.

Recreational Classes

We have set up a working group to review how we deliver recreational classes and to look for continual improvement in the quality. Claire Ferguson, Dave Griffiths and Alyson Burgess have put their hands up and we will see changes during July.

North West Floor and Vault

The North West Floor and Vault Championship was held on the bank holiday weekend of 28/29th May and we had a great weekend. We have 2 NW overall champions, Eleri McLeod in the Intermediate under 12s and Grace Wheeler in the Pre-Novice aged 10. Lots of other strong performances too with medals in all competitions. The full results are available on the website and we have put some pictures on page 6 of this newsletter. All pictures are available from Mike.

Day 1 started with the Pre-Novice aged 8 and a gold on the floor for Emily Barber and a third place overall. Round 4 saw Eleri McLeod win the Intermediate Under 12 cup by the narrowest of



margins, 0.1 between 1, 2nd and 3rd. Belle Walsh, very nervous on the vault came 6th, but won silver on the floor.

Day 2 had one gymnast in each round. Fern Evans came 3rd on the vault, just missed out on the floor, but scored high enough to win the Bronze overall.

Grace Wheeler was surprised gymnast of the day, not expecting to be placed, but won silver on both floor and vault and was announced as the NW Champion for Pre-Novice aged 11.

The final round saw Lilliana Ashton win silver on both floor and vault and bronze overall. This was a good performance in the Pre-Novice aged 10. Well done all.



Schools Gymnastics

The Schools Competitions have stopped happening now that the competition organisers have been diverted on to other duties. But Stockport still have to put teams forward into the Greater Manchester Finals, which this year were held in Bolton Arena.

We were asked to provide training to the schools that were selected to represent the borough. Georgia Mather and Katy Fairbrother helped Mike with putting Prospect Vale School through their paces for the Stage 3 competition.

Susan Roberts helped Mike get Tithe Barne ready for their competition at Stage 2.

We should always remember that we are a community club.

Fancy a Curry?

The fund raising committee have come up with another good idea. An early evening meal in a local restaurant for all the family. Details as below:

Sunday 26th June, 5pm is the planned SSoG Family Meal at the Red Rose Indian Restaurant, Hazel Grove. Adults meal is £15.00 per head and includes Chutney & Pappadums, any Starter, any Main Course, any Rice or Naan off the menu (excluding King Prawn/Steak dishes) and coffee. A childrens menu is also available priced at £7.00 (Under 10's) - Sample menu is on the noticeboard in the main gym and tickets are now available.

See Penny and Jayne.

Your New Committee

The AGM was a quiet affair with the bulk of the discussion on the recreational classes. The new committee was elected, actually the same committee as last year with the addition of Chris Roberts taking over from Debbie Waldron on Club Uniforms.

Exec Committee

Chairman	Phil Richardson
Secretary	Karen Dooley
Treasurer	Gareth Martin
Head Coach	Mike Healy
Welfare Officer	Sarah Johnson
Health & Safety	Jennifer Lambert

Rec Coordinator	Mike Healy
Head Judge	Nicola Perkins
Volunteer Coordinator	Julie Mansfield
Liaison Officer	Alyson Burgess
Fund Raising	Helen Cleaver

Helpers

BAGA Scheme Admin	Jane Highland
Tuck Shop Stock	Julie Mansfield
Exchange visit coordinator	Louise Richardson
Club Uniform	Chris Roberts
Competition Awards	Joanne Richards
Web Site Manager	Mike Healy

North West Floor and Vault - Pictures



taken over the weekend are available from Mike if you bring in a memory stick or blank CD.

A selection of pictures from the NW Floor and Vault competition held on the last weekend of May. There are more on the website and all of the pictures

Starting from the top the first column shows Hayleigh, Belle and Emily. Column 2 shows Belle and Eleri. Emily and Kate with Kate, Emily

and Haleigh just after the medal presentation ceremony. In the last column the pictures are

of Ferm, Lilliana and Grace. It was a lovely weekend and another great advert for SSoG.

