



# Stockport School of Gymnastics

## January 2020 News



Pictured on the left is the SSoG Gymnast of the year as voted for by the SSoG Coaches. Ellen Ijima has had a great year, lots of new moves and the first SSoG gymnasts to compete in a National Grades final. Congratulations to an outstanding gymnast.

Lots of fun in the news; parents have a go session, ice skating and the Christmas Rec Comp. Happy New Year!

### Contacts

#### Office

0161 456 2762 [office@stockportgymnastics.com](mailto:office@stockportgymnastics.com)

or complete a contact form

<http://www.stockportgymnastics.com/wp/contact-us/>

#### Club

Tamlynn Carlson

[tamlynn@stockportgymnastics.com](mailto:tamlynn@stockportgymnastics.com)

#### Comp Squad

Tracey Davenport

[tracey@stockportgymnastics.com](mailto:tracey@stockportgymnastics.com)

#### Welfare Officer

Berenice Webb and Beverley Conroy

[safeguarding@stockportgymnastics.com](mailto:safeguarding@stockportgymnastics.com)

### Websites

#### General

[www.stockportgymnastics.com/wp](http://www.stockportgymnastics.com/wp)

#### Competitive

[www.stockportgymnastics.com/club](http://www.stockportgymnastics.com/club)

#### Facebook

[@stockportschoolofgymnastics](https://www.facebook.com/stockportschoolofgymnastics)

#### Instagram

[@stockportschoolofgymnastics](https://www.instagram.com/stockportschoolofgymnastics)

#### Merchandise

[www.bluefroggraphics.co.uk/stockport-school-of-gymnastics-home](http://www.bluefroggraphics.co.uk/stockport-school-of-gymnastics-home)

## 2020 Calendar

### 2nd Jan

Restart of Club training (3.30 to 7.30)

### 3rd Jan

Restart of Competition Squad training

### 2nd/3rd Jan

Christmas Camps, all bookable online.

### 4th Jan

All classes restart after Christmas. Pre-School, Recreational, Gym Babies, Adults, Adult Beginners, Youths, Parent and Toddlers and Ladies Fitness Classes.

### 2nd Feb

Final day of the Rec Term

### 3rd Feb

Start of the new Rec Term for Offerton and Newby Rd; includes Youths, Rec, Pre-School, Parent and Toddler and Ladies Fitness.

### 17th to 21st Feb

Half Term. No Pre-School classes. No Parent and Toddler Sessions. No Ladies Fitness Sessions. All other classes continue as usual.

## The New Floor

The Parent's Committee were set the task to raise £9,000 in the last 6 months to start off the process of getting a new sprung floor. The money would buy the carpet that goes on the top and then next year we would look to raise another £17,000 to get the steel sprung base.

Great news as we are less than £1,000 short of the total and the club has drawn a line under this appeal and will make up the missing money. We can now get on with ordering the floor and when it has been delivered in a couple of months, start to use it.

We use the phrase 'Parent's Committee', but the reality is that the bulk of everything is organised by Jayne Mooney and Suzanne Winterbone, who tirelessly plug away with ideas and graft to inch towards their target. A big thank you to them and don't be shy with offering help when asked.

## Bits and Bobs

Amazing effort for Mission Christmas. Five bags full of gifts for children. Every age was catered for with presents of wooden toys for babies up to hairdryers and books for teens.

Thank you to everyone who brought gifts.



We raised £56.00 from the Colouring Competition. The winner was Heather Davenport and we have runners up prizes for Jaya Sethi, Samuel Livingstone, Maddy Carrington and Liesel Nelson. Thank you for all your excellent entries.



## 2020 Competition Dates

### 25th/26th Jan

Club Grades 5 & 6 at Robin Park Sports Centre in Wigan

### 1st/2nd Feb

Regional Grades 1 to 4 at Robin Park Sports Centre in Wigan

### 8th March

SSoG Rec 4 Piece competition for Comp Squad gymnasts at Newby Rd.

### 29th March

SSoG Easter Competition for Club gymnasts at Newby Rd.

### 25th/ 26th Apr

NW Grades – Compulsory 5, 4 and 3, National Grades 1 to 4 and NW National 5 at Robin Park Sports Centre in Wigan

### 2nd/3rd May

Counties Floor & Vault Championships at Robin Park Sports Centre in Wigan

### 23rd/24th May

National Grades Finals 4, 3, 2 & 1 for the NW Team at Fenton Manor in Stoke

### 6th/7th Jun

NW Floor and Vault Championships at Robin Park Sports Centre in Wigan

### 13th/14th Jun

NW Open and Challenge Cup Qualifiers at Robin Park Sports Centre in Wigan

### 4th/5th July

Frank Williams at Newby Rd.

### 19th July

SSoG Floor and Vault Comp at Newby Rd.

### 12th/13th Sept

Paul Reay Team Challenge at Robin Park Sports Centre in Wigan

### 27th Sept

NW Age Groups and FIG and Challenge Cup Qualifiers at Robin Park Sports Centre in Wigan

## Grades Entries

Congratulations to the gymnasts who qualified for grades. They are:

### Club Grade 6

Rose Larking

### Club Grade 5

Ruby Jones, Sophie Turley, Emily Winterbone and Halle Kirk

### Regional Grade 4

Lola Mannion, Alys Pike and Riley Morrison Howarth

### Regional Grade 3

Orla Frodsham, Amelie Garrott and Bella Gnatiuk

The Grades are being held over the weekends of 26th/27th January and 1st/2nd February so not a great deal of training time. Good Luck.

## Bag Packing

The last big fund raiser for 2019 for the new floor was the bag pack at Morrisons. Thank you to Jayne and Suzanne for organising and to all gymnasts that turned up so close to Christmas to help out. We could have done with a few more to cover all tills, but we did have brothers, cousins and sisters turn up to help out, much appreciated. Thanks to all for raising almost £1000.



# Parents Session

There was a huge turnout for the Have a Go Session and 90 minutes of families seeing just how hard gymnastics is. Lots of pictures, these are just a few. After the session there was a buffet provided by the Parents Committee.

There are also a number of videos on Instagram that are worth looking at. The best ones are of the parents and gymnasts performing their Grades Floor Routines, priceless.

There was also the presentation of the Gymnast of the Year Trophy to Ellen Ijima and the exchange of Secret Santa gifts between the gymnasts.

The session this year was for all of the competitive gymnasts at the club and their families, not just the Club. We announced that we were merging the Club and Comp Squad gymnasts about a year ago and this is part of it. There will be more integration during 2020.

For those parents that enjoyed the activity don't forget we have structured 'Parents have a go session' every Wednesday called Beginner Adults. All details and sign up on the website.



# Rec Christmas Competition

Lovely day with all of our recreational gymnasts showing off their routines to gathered parents and family. The scores and some pictures to remember the day are on the website. If you want to buy some of the professional photos taken on the day they can be viewed on the DE Photo website. Please email the office if you want the password.

All gymnasts were asked to design their own numbers and we saw some fantastic constructions that must have taken some considerable time to make. Some pictures of the winners are on this page. Some were 3D and had lights!

The club was also impressed with the skills and confidence of even our youngest gymnasts with performing their routines in front of a large audience.

The Club and Comp Squad gymnasts did displays just before each of the medal presentations.



# Christmas Holiday Camps

The ever popular holiday camps are online and there are just 3 left in January.

## Thursday 2nd January

9.00 to 3.30 with a half hour lunch break.

This is a tumble and bounce camp - children need to be competent with cartwheels, bridges and working towards round offs as a minimum requirement. It is for aged 7 years and upwards at Newby Road. Price £30.

## Friday 3rd January

9.30 to 12.00

This is an Open play Parent and Toddler session for children 0-6 years at Newby Rd. Price £5.00.

## Friday 3rd January

1.00 to 4.00.

This is a half day holiday camp - all pieces will be used in the session. It is for 5 years upwards at Newby Road. Price £15.

The next holiday camps will be over the half term holiday week, which in Stockport is from 17th to 21st February. The booking forms will be on the website from 6th Jan.

Look out too for the new enrolment forms and invoices for the next term as they will be out Mid January for the start on Monday 3rd February.

# Ice Skating

All competitive gymnasts were invited with their families for a session at the Altrincham Ice Ring before the start of 2020 training. 80 turned up to have a go ranging in ability from hanging onto the side, through skating with a penguin to expert (not falling over and going backwards on purpose). Now the relaxation is over, Grades training starts in earnest.

