



Stockport School of Gymnastics

January 2018 News



Congratulations to Ellen Ijima, SSoG Gymnast of the Year for 2017. Ellen received the majority of the coach's votes and this award completes a very successful 12 months.

Ellen was a member of the Greater Manchester team for 4 piece and Grades and was the Level 5 Champion for gymnasts aged 9. In 2018 she will be competing in the National Grades and at Regional Level 4 Juniors for other competitions.

Just one competition in December, the Inter-County teams, where 9 SSoG gymnasts helped the Greater Manchester Team to 3 overall golds.

The Parents Have a go Session was busy with a number of new faces in the gym for the first time. Gymnasts were given a handguard bag for Christmas and all were invited to enjoy the buffet provided by the parents (thanks to the 2 Jaynes).

Lastly a real celebration of the huge successes of 2018 with a trip to Altrincham Ice Rink for a couple of hours skating on New Year's eve.

Happy New Year to all club members and we hope you all meet your gymnastics goals for 2018.

Class Dates 2018

TERM DATES:

13th November 2017 to 3rd February 2018 (11 week term)

NO LESSON DATES:

Monday 25th December 2017 to Tuesday 2nd January 2018 - Christmas Break

Saturday 16th December - Christmas Competition

Pre School: - Tuesday 23rd Jan 2018, 12.45pm - centre closed

Thursday 25th Jan 2018, 12.45 and 1.45- centre closed.

For additional information follow us on Facebook.

Social Media

Websites

General

www.stockportgymnastics.com/wp

Club

www.stockportgymnastics.com/club

Twitter

@stockportgym

Facebook

@stockportschoolofgymnastics

Instagram

@stockportschoolofgymnastics

Parent's Have a go Session

Nice end to the year with the parents chance to use the equipment in the gym. A big turn out followed by some party food and secret Santa. All gymnasts were given a SSoG handguard bag with their name on. Spot prizes were given to parents showing their special talents on the pieces. All of the development group did their floor routines with their parents. Great fun!

The extras at this do were sorted out by Jayne Owen and Jayne Mooney and they are also organising the trip to the British and the Ice Skating. It's good to see parents getting involved and helping make the gym a bit more than a place to train and work hard. The competitive nature of the club is the reason that we are members, but the social side brings us together. Get involved in 2018.



NW Calendar for 2018

Date	Competition	Venue
17 th /18 th Feb	Greater Manchester Grades	Robin Park Sports Centre
18 th Mar	NW Grades Finals for County Teams	Robin Park Sports Centre
21 st /22 nd Apr	NW Grades - Compulsory 5, 4 and 3 (Compulsory 2 Pre-Comp) NW Grades - National Grades	Robin Park Sports Centre
5 th /6 th May	Greater Manchester Floor & Vault Championships	Robin Park Sports Centre
26 th /27 th May	National Development Plan 4, 3, 2 & 1	Fenton Manor Stoke
16 th /17 th Jun	NW Open	Robin Park Sports Centre
23 rd /24 th Jun	NW Floor and Vault Championships	Robin Park Sports Centre
8 th /9 th Sept	Paul Reay Team Challenge	Robin Park Sports Centre
30 th Sept	NW Age Groups and FIG Challenge Cup Qualifiers Bill McLoughlin Team Trials	Robin Park Sports Centre
27 th /28 th Oct	North West Individual & Apparatus Championships Out of Age	Robin Park Sports Centre
3 rd /4 th Nov	Greater Manchester 4 Piece	Robin Park Sports Centre
9 th -11 th Nov	Espoir, Junior & Senior Challenge Cups	Surrey Sports Park, Guildford
9 th -11 th Nov	Bill McLoughlin National Apparatus Team Championships	Surrey Sports Park, Guildford
9 th Dec	Inter-County teams	Robin Park Sports Centre

SSoG Dates - Grades

Important dates for the Regional Grades. The competition for Club and Regional Grades is on the 17th/18th February and we have to get the entries in by 19th January latest. On the 3rd January you will receive an invoice for the competition fee which this year is £30 and must be paid by Saturday 13th January to give us some days to do the online entry.

We will only invite gymnasts that we believe should be ready for the competition in February. Not all gymnasts have all the necessary moves at the moment, but the coaches are confident that they will be competition ready by the date.

If this is not the case and the gymnast doesn't make it then the coach will withdraw the gym-

nast and the entry fee is non-returnable.

It's up to the gymnasts to make sure that they perfect their moves with the help of the coach to be ready. There are no trials and no target scores for entry to this competition; all decisions will be made by their coach.

The National and Compulsory Grades are later, April 21st/22nd so we will be going through a similar process in March.

Please note that we had a guess at whether gymnasts would be doing grades when we renewed the BG Membership in October. To do grades you have to be a silver member and there may be one or two who are bronze members and will have to upgrade to silver. It will be on the invoice.

Inter-County Teams

SSoG had a record 9 gymnasts in the Inter-County Teams Finals representing Greater Manchester. Lovely competition, last of 2017 and some excellent performances. The GM team won the Level 5 aged 9, Level 2 and Level 4 categories.

This was a team competition and not all gymnasts did all 4 pieces, but if it had been, well done to Ellen Ijima, 1st in the Level 5 aged 9, Sophie Wigglesworth, 3rd in the Level 5 aged 10, Heather Davenport, 3rd in Level 4, Ruby Hewitt, 3rd in Level 3 and Becky Mooney, 1st in Level 2.

If you look carefully at the picture you will spot that all gymnasts also received a small teddy for making the teams.

It was good to see so many SSoG gymnasts in the Greater Manchester Team, the largest group from any club and hopefully a sign of improving fortunes in 2018. Next big test is the Regional and Club Grades in February.



British Championships

STOCKPORT SCHOOL OF GYMNASTICS POTENTIAL GROUP BOOKING TO THE 2018 BRITISH GYMNASTICS CHAMPIONSHIPS AT THE LIVERPOOL ECHO ARENA

SUNDAY 11TH MARCH 2018

WE HAVE BEEN LOOKING INTO GOING TO THIS EVENT AS A GROUP AND HAVE TO PROVIDE A QUICK TURNAROUND TO GET THE GROUP TICKETS.

TICKETS ARE PRICED AT £16.90 PER PERSON WHICH INCLUDES OUR BG MEMBERSHIP DISCOUNT.

IF YOU ARE INTERESTED PLEASE SIGN UP ON THE FORM IN THE GYM. THE RESERVATION CAN ONLY BE HELD FOR 14 DAYS ONCE WE HAVE SUBMITTED NUMBERS

SO PAYMENT WILL NEED TO BE MADE PROMPTLY. ONCE WE HAVE A BETTER IDEA OF NUMBERS WE WILL ADVISE WHETHER THIS IS GOING AHEAD AND HOW TO PAY.

IF THERE IS ENOUGH INTEREST WE CAN LOOK IN TO A COACH BUT THIS WILL INCREASE THE COST PER PERSON.



Unfinished Business

A couple of missing pictures. The first is of Ellen Ijima when she won the GM Level 5 aged 9 competition. Thank you to DE Photo for the copy.

The second is a trophy for Ruby Hewitt for winning the English Silver Intermediate competition. On the day she didn't receive a trophy, so we have provided one.



SSoG Club Photo 2017



Anna Marsh



Anna Marsh left the club at the end of 2017 and will look back with satisfaction at her 6 years of competitive gymnastics. Anna has won County Overall Championships at 2 piece, made the County Team at 4 piece and has been Champion in the SSoG Easter Competition and in the Club Championship. She has been a pleasure to coach over the years and we wish her well with her new sporting activities.

Thank you too for the help and power tools of her dad, Steve, ever present when constructing the pits, the ski-run and the U-Pit.

Ice Skating

Great end to the year with more than 70 of us at the Silver Blades Ice Rink in Altrincham to celebrate the success for the club in 2017 competitions. From development group to senior gymnasts, parents and family took part. Some good skaters in the club and even some who started with the penguins at the start were getting around on their own by the end. Thanks to Jayne Mooney and Jayne Owen for organising the event and to Berenice for arranging a keen price.

