



Stockport School of Gymnastics

January 2011
Newsletter

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Regional Grades 2011

After such a good year, it is disappointing that we are not able to get into Pepper Rd. All held up with the solicitors. We are still progressing on all other fronts as reported on page 3. Can't be long now. Sorry to be dull, but we need to get on with the fund raising, the business needs to match income and expenditure and with no funds we have to raise the money through subs.

The parents have a go session was well attended and there were a few stiff muscles the next day. Good to see everyone joining in and staying safe. One of us even dressed for the occasion, don't miss the pictures.

The recreational competition was the biggest for a long time with 160 taking part. Some good performances and as usual the 3 and 4 year olds excelled. All



received a Christmas selection box and a certificate.

The Christmas Disco was well attended by both Club and Rec gymnasts, music, competition and food always a winner.

The club photos were taken and copies are available on the website to download. There are also some group photos, but they seem to have got a bit confused as to whether they were in Grades or Competition groups. Some of the gymnasts look very cold!

Christmas out the way now and back to the training for the GM Grades. We do hope for good results this year as 2010 Grades was the club low point with no gymnasts representing GM in the Regional finals. Must be better in 2011, but the hard work needs to continue until the end of Jan.

January Events

Open all sessions, although there may be some reduced sessions once the Grades timing are known on the last weekend of the month.

6th Jan

Start of the 2011 Club training sessions.

29th/30th Jan

GM Grades at Copley. Look out for the timings during the month.

New Judges

Congratulations to our new judges who have passed their Club Judge exams in Nov/Dec. They are Penny Green, Sian Roderick, Mike Dooley, Steve Cleaver, Claire Ferguson and Helen Griffiths. New course at the end of 2011, always need more!

The SSoG Calendar for 2011

6th January

Start of the 2011 Club training sessions. All at Dialstone to start with.

29th/30th January

GM Grades at Copley. Lots of SSoG entries we hope and more gymnasts on the GM Team for the Regional Finals.

19th/20th February

NW Regional Grades Finals,

National Grades and Compulsory Grades at Birchwood

2nd/3rd April

Provisional date for the Phil Tighe at Copley

10th April

Stockport Easter Competition

28th/29th May

NW Floor and Vault at Birchwood

11th/12th June

The Greater Manchester Open at Birchwood

2nd/3rd July

Greater Manchester Floor and Vault at Fit City Ordsall

9th/10th July

The Frank Williams Competition. Interesting challenge this year as we won't be at Dialstone. So where?

17th/18th September

NW Age Groups, Teams and Individual Apparatus at Birchwood

15th/16th October

Greater Manchester 4 Piece at Copley

12th/13th November

NW Out of Age Individuals at Birchwood.

Greater Manchester Grades 2011

The Grades trials are complete and the following gymnasts have been entered for the GM Regional Grades to be held at Copley on the weekend of 29th/30th January 2011. The aim? To all pass, to get more than half with distinctions and to get more than one gymnast on the GM team.

Good luck and train hard.

Grade 14

Rebecca Roberts

Emily Barber

Martha Yates

India Roderick

Grade 13

Eleanor Mills

Victoria Houghton

Georgina Blackburn

Kate Martin

Lauren Burgess

Grade 12

Chloe Andrew

Eleri McLeod

Bella Stanyer

Chloe Astley

Grade 11

Ella McKie Crane

Georgia Mather

Carla Mansfield

Rebecca Shard

Susan Roberts

Sophie Richards

Sarah Burns

Grade 10

Megan Dooley

Katy Fairbrother



Sunday Two Piece

Don't forget that Mike Dooley's 2 piece group, who normally train on a Sunday morning, start on a Saturday morning from 10 to 1 with the rest of the 2 piece gymnasts.

We have new coaches too for this group, led by Lynzi Humphreys.

Don't turn up on Sunday, it will be very quiet.

Parent's Have a Go session



The parents have a go day is always a lovely session with a chance to see just how difficult/easy it is on all 4 pieces. The gym was full and the Dialstone heating was up to it's usual tricks, 4 °C and freezing. Mums and dads all had a go at the grades floor routines; as usual splits and bridge proved difficult for most.

There were one or two who entered into the full spirit of the day and dressed accordingly. No names to protect the innocent. More pictures on the website.



The New Gym - December Update

We didn't make it by the end of 2010. The lease wasn't signed and despite a number of phone calls, there are still a couple of items that are in the hands of the solicitors to complete. Very frustrating, but we must get the legal side right; we don't want to be looking back in a few years time at some conditions we are not completely happy with. The downside is that we have been unable to place orders for the new equipment before 4th January and we will have to pay the increased VAT.

Planning Conditions

Joe Andrews has completed the path design and the drawings have been submitted to the Planning Department for official approval. Hopefully that closes out that issue. taken this on and it is going to be an expensive item, more costly than a sprung floor.

Building Regulations

Tim Crane has completed the

drawings to as built and Dave Griffiths has prepared the detailed plans that are needed to conform to the Building Regulations. These have been submitted to Stockport Building Control . We can start work without them, but they are important to make sure that the design is acceptable, especially to protect us from fire.

Complications

We thought we were in deep trouble as we heard that the landlord, MDA Creative had ceased trading at the start of December. Luckily we are dealing with the pension fund, a different financial body to MDA Creative, so nothing is affected. A few worrying days while we discovered where we stood..

Building Work

Mike Dooley has obtained a quotation for the demolition work, so all is ready to start as soon as we get the lease completed.

Dialstone

We will need to continue training at Dialstone for a little longer and we have held meetings with the Sports Trust to plan for our move. It looks like we will continue to have recreational classes at weekends at Dialstone too. The Trust management have been very supportive.

Money

The new gym has been set up as a company and as such cannot make a loss. We have to earn enough to make the centre work. For example, just to use the centre we have to pay £35,000 each year in rent (plus VAT). Compare this with the rent we pay at the moment for Dialstone, less than £15,000. There are of course lots of other costs on top of this. Hence the need to try and raise funds to make sure we can get through this first year. Lots of help is needed and all is coordinated through Helen Cleaver. It's time to get fund raising.



Ho Ho Ho

Dave is always a bit shy about having his photo taken, but this disguise was not going to stop this photo being taken on the have a go day.



Club Photo 2010

What a picture! Available for download from the website. One or two missing and this year, no coaches.



Christmas Walk 2010



We picked a day that was not too cold, most of the snow has disappeared and more importantly, no wind and slight mist. Great weather for the annual SSoG walk in Bollington. Andy Sefton hosted and took us to Rainow on a circular route, avoiding the high ground and cloud. A couple of very slippery bits on ice yet to melt, but good exercise after all the Christmas eating.

Afterwards back to the Seftons for Chilli Con Carne, Pizza for the gymnasts and a little tot of Sloe Gin.

Many thanks to Andy for arranging the route and food. Same again next year.



Tuck Shop Rota

We are always on the lookout for new volunteers to look after the Saturday morning tuck shop.

8th Jan	Jennifer Lambert
15th Jan	Julie Mansfield
22nd Jan	Helen Potter
29th Jan	Penny Green
5th Feb	Sarah Barber
12th Feb	Helen Sefton
19th Feb	Julie Mansfield
26th Feb	Helen Potter
5th Mar	Penny Green
12th Mar	Sarah Barber
19th Mar	Jennifer Lambert
26th Mar	Helen Sefton

Christmas Recreational Comp 2010

Record entry for the competition this year; nearly 160 gymnasts, which meant that we ran for the complete day on the 18th December. No ranking for the 3, 4 and 5 years old, BG policy, so all showed off their routines, received a medal, certificate and a goody bag. Full results are available on the website. A big thank you to all parents who helped on the day



Fund Raising

Keep clicking away on the easyfundraising website and help to raise funds for the club. There is now a link from the club website, so it's very simple. Target for 2011, got to be £15,000 for the pits.



Christmas Disco

A big turn out this year for the Christmas Disco at St. Michael's Church Hall in Bramhall. The DJ got everyone dancing, there were games and a mountain of food to get through. It was a lovely end to the year and enjoyed by both club and rec gymnasts.



Mat Shifting

Mat Shifting Rota for January, February and March 2011

8th Jan	Hall	Leonard	Shard	Burns	Martin	Brennan	Roberts
15th Jan	MacLeod	Evans	Hollick	Mills	Mooney	Haughton	Hewitt
22nd Jan	Wells	Thornedyke	Andrew	Stanyer	Cleaver	Blackburn	
29th Jan	Mather	Woods	Astley	McKie Crane	Fletcher	Blissett	Ashton
5th Feb	Hall	Hallworth	Shard	Burns	Martin	Brennan	Roberts
12th Feb	MacLeod	Wheeler	Hollick	Mills	Mooney	Haughton	Hewitt
19th Feb	Wells	McMurray	Andrew	Stanyer	Cleaver	Blackburn	Mullany
26th Feb	Mather	Walsh	Astley	McKie Crane	Fletcher	Blissett	Hulme
5th Mar	Hall	Leonard	Shard	Burns	Martin	Brennan	Roberts
12th Mar	MacLeod	Evans	Hollick	Mills	Mooney	Haughton	Hewitt
19th Mar	Wells	Thornedyke	Andrew	Stanyer	Cleaver	Blackburn	
26th Mar	Mather	Woods	Astley	McKie Crane	Fletcher	Blissett	

Group Photos

