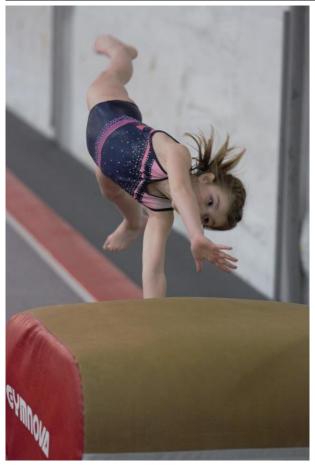


Stockport School of Gymnastics

February 2020 News





It has been a good start to 2020 with some pleasing results in the Club Grades at Wigan, all distinctions and commendations in the in age competitions.

The new rec term starts on 3rd Feb, so please make sure that all invoices have been settled by that date.

The expansion into the unit next door didn't happen, but we will try again next time the unit is available.

Contacts Office 0161 456 2762 office@stockportgymnastics.com or complete a contact form http://www.stockportgymnastics.com/wp/contact-us/ Club Tamlynn Carlson tamlynn@stockportgymnastics.com Comp Squad Tracey Davenport tracey@stockportgymnastics.com Welfare Officer Berenice Webb and Beverley Conroy safeguarding@stockportgymnastics.com

 Websites

 General

 www.stockportgymnastics.com/wp

 Competitive

 www.stockportgymnastics.com/club

 Facebook

 @stockportschoolofgymnastics

 Instagram

 @stockportschoolofgymnastics

 Merchandise

 www.bluefroggraphics.co.uk/stockport-school-of-gymnastics-home

2020 Calendar

2nd Feb

Final day of the Rec Term

<u> 3rd Feb</u>

Start of the new Rec Term for Offerton and Newby Rd; includes Youths, Rec, Pre-School, Parent and Toddler and Ladies Fitness.

17th to 21st Feb

Half Term. No Pre-School classes. No Parent and Toddler Sessions. No Ladies Fitness Sessions. All other classes continue as usual.

<u>6th to 17th April</u>

Easter Holidays. No Pre-School classes. No Parent and Toddler Sessions. No Ladies Fitness Sessions. All other classes continue as usual but not on the Bank Holiday (see below).

Friday 10th April

Bank Holiday, no Rec Classes

Saturday 11th April

Rec and Teen classes all operate as normal.

Monday 13th April

Bank Holiday, no Rec Classes

19th April

Final day of the Rec Term

20th April

Start of the new Rec Term for Offerton and Newby Rd; includes Youths, Rec, Pre-School, Parent and Toddler and Ladies Fitness.

John Lewis

Do you go shopping at John Lewis in Cheadle Royal? If so we are one of 3 organisations that they are featuring in their fund raising starting in February. If you shop there you will be given a green token (ask if you don't receive one) and you place it in the SSOG box just outside the restaurant.

They have £3,000 to split between the three organisations, so if you do shop there, you can help the club.

Thanks you and a big thanks to the parent who successfully nominated SSoG.

February Half Term Camps

The ever popular holiday camps are online and will be filling fast.

Monday 17th February

9.00 to 3.30 with a half hour lunch break.

This is a full day holiday camp - all pieces will be used throughout the day. It is for 5 years upwards at Newby Road. Price £30.

Tuesday 18th February

9.00 to 3.30 with a half hour lunch break.

This is a tumble and bounce camp - children need to be competent with cartwheels, bridges and working towards round offs as a minimum requirement. It is for aged 7 years and upwards at Newby Road. Price £30.

Wednesday 19th February

9.00 to 3.30 with a half hour lunch break.

This is a full day holiday camp - all pieces will be used throughout the day. It is for 5 years upwards at Newby Road. Price £30.

Thursday 20th February

9.00 to 3.30 with a half hour lunch break.

This is a tumble and bounce camp - children need to be competent with cartwheels, bridges and working towards round offs as a minimum requirement. It is for aged 7 years and upwards at Newby Road. Price £30.

Friday 21st February

9.30 to 12.00

This is an Open play Parent and Toddler session for children 0-6 years at Newby Rd. Price £5.00.

All sessions are on the website and can be booked and paid for online. Hope to see you there.



Parents Fundraising

Phase 2 - REPLACEMENT OF THE FLOOR SPRINGS

TARGET £17,000

The SSOG 2020 Fundraising Campaign has now been launched. We are continuing to raise much needed funds to help replace the floor at the Newby Road gym.

In 2019 various fundraising activities took place to enable Phase 1 of the Campaign to be achieved Purchase of a New Floor Carpet. In 2020 Phase 2 will involve raising funds towards the Replacement of the Floor Springs.

We are planning a series of fundraising activities both here in the gym and out in the local community. These will be advertised on the noticeboards at the Newby Rd gym, on the Facebook and the Club Website.

All the fundraising activities are open to everyone at the gym, so with lots of great prizes and fun to be had by all we hope you'll get involved and support our efforts. If you have any fundraising ideas or can help in any way, please do not hesitate to contact us. Thank you in advance from the fundraising committee.

Jayne Mooney & Suzanne Winterbone



Did you know that we run parties on a Sunday at SSoG. We can run 2 during Sunday afternoon with our experienced team for up to 32 gymnasts. There is a session in the gym, followed by food in the café. Contact the office if you are interested.

We also have a fully equipped dance studio with sprung floor, mirrors and ballet barres. It's not a



Try SSoG

big space, but we use it most club sessions for choreography. Contact the office if you would like to hire the dance studio.

Lastly the whole facility can be hired for Cheer, Gymnastics and other similar activities on a Sunday afternoon. This can be with a coach if required. Very reasonable terms, again ask the office for details.

2020 Competition Dates

1st/2nd Feb

Regional Grades 1 to 4 at Robin Park Sports Centre in Wigan

8th March

SSoG Rec 4 Piece competition for Comp Squad gymnasts at Newby Rd.

29th March

SSoG Easter Competition for Club gymnasts at Newby Rd.

25th/ 26th Apr

NW Grades – Compulsory 5, 4 and 3, National Grades 1 to 4 and NW National 5 at Robin Park Sports Centre in Wigan

26th Apr

Evolve Circus themed 4 Piece in Wythenshawe

2nd/3rd May

Counties Floor & Vault Championships at Robin Park Sports Centre in Wigan

23rd/24th May

National Grades Finals 4, 3, 2 & 1 for the NW Team at Fenton Manor in Stoke

6th/7th Jun

NW Floor and Vault Championships at Robin Park Sports Centre in Wigan

<u>13th/14th Jun</u>

NW Open and Challenge Cup Qualifiers at Robin Park Sports Centre in Wigan

20/21st June

Trip to Tokyo run at The Wire in Warrington

20/21st June

Hannah Whelan 4 Piece at Warrington Gym Club

4th/5th July

Frank Williams at Newby Rd.

19th July

SSoG Floor and Vault Comp at Newby Rd.

12th/13th Sept

Paul Reay Team Challenge at Robin Park Sports Centre in Wigan

Club Grades

Congratulations to our gymnasts who took part in the Club Grades 6 and 5 last on 25th Jan at Robins Park, Wigan. Well done.

Great results from our girls:

- Rosy Grade 6 distinction
- Halle and Emily Grade 5 distinction
- Sophie and Ruby Grade 5 commended



Regional Grades

The Regional Grades are being held over the weekends of 1st/2nd February at Robin Park. Good Luck.

<u>Regional Grade 4</u> Alys Pike and Riley Morrison Howarth

Regional Grade 3

Orla Frodsham, Amelie Garrott and Bella Gnatiuk

Brenda Smith

We heard the sad news that Brenda Smith, one of the founders of SSoG died during January. In 1986 Frank Williams and Brenda Smith moved their club from Stalybridge to the Dialstone Recreation Centre in Offerton. Fittingly, the club was named Dialstone School of Gymnastics. In the mid 90s the club name was changed to Stockport School of Gymnastics. Frank was the head coach, but Brenda was the organiser and main driver for what the club has grown into.

Brenda's passion was for the twinning visits to France and Germany, which used to happen every year. Brenda was also a coach at the club and had a great sense of fun, as you can see from the selection of pho-



Brenda the star gymnast (Olga Korbett) presenting Frank Williams with his 50th Birthday cake in 1994

tos on this page.

SSoG has a lot to thanks Brenda for and we will miss her enthusiasm.





Brenda having a light moment with Albert (President of the Jeurne Guarde Gym Club in Armentieres) in 2000



Brenda with Frank Williams on a twinning visit to Heilbronn in Germany 1995



Brenda with husband Walt on a twinning visit to Armentieres in France 2005

Newby Rd Parking

Regular visitors to the Newby Rd site will have noticed that the unit next door that we were planning to move into has been let and the car park has been divided with a barrier. We were unable to complete the lease in the required timescale so the unit has been let and the new tenants will be moving in soon.

Meanwhile we should be looking to maximise the use of our part of the car park and so we are trialling a change in direction of the cars parking against the new barrier.

Ignore the marked spaces in front of the Forgefix office and park with the front or back of your car against the barrier as per the diagram below.

If this works we will remark the car park and make the arrangement permanent.



