

Stockport School of Gymnastics

30th Anniversary



February 2016
Newsletter

January is a quiet month this year as there are no competitions, just training for the next events in February and April.

The new lights were completed at the start the month and everywhere looks a lot brighter. We took the opportunity while the gym was closed to complete some routine maintenance, such as cleaning out the foam pit and removing accumulated junk to the tip.

We hosted the Stockport Schools Key Steps competition at the end of January, which has grown to 14 schools and needed 2 afternoons.

All classes started back as normal and we are preparing for the February Half Term camps. This time, as well as the popular rec based sessions, we are trying half day open sessions for the toddlers. Give it a go. If popular we will make this a permanent offering.

SSoG Calendar 2016

15th to 17th Feb

Half Term Holiday School. 3 days intensive gymnastics for beginners and recreational gymnasts to learn and practice skills.

Start at 9.00 to 3:30pm each day.

18th Feb

New open play Parent and Toddler sessions for the Half Term Holiday. Start at 9:30 to 12.

For children age 0 - 6 years old or under 108 cm tall.

18th Feb

Half Term Holiday Camp. Gymnastics for beginners and recreational gymnasts to learn and practice skills.

Start at 1.00 to 4:00pm.

19th Feb

New open play Parent and Toddler sessions for the Half Term Holiday. Start at 9:30 to 12.

For children age 0 - 6 years old or under 108 cm tall.

19th Feb

Half Term Holiday Camp. Gymnastics for beginners and recreational gymnasts to learn and practice skills.

Start at 1.00 to 4:00pm.

21st Feb

Stockport Rec 4 Piece Championships at the Newby Rd. Centre. 75 gymnasts from local clubs are tak-

Inside this issue:

Mission Christmas Thank You

Let there be light

Schools Competition

SSoG Rec 4 Piece Competition

Christmas Maintenance

Holiday Camp Feb Half Term

ing part. Parental help needed!

2nd/3rd Apr

Greater Manchester Grades (Club & Regional), at Robin Park in Wigan

16th Apr

North West Grades - National & Compulsory Grades, at Robin Park in Wigan

Mission Christmas



Thanks to everyone who donated toys to the Key 103 appeal just before Christmas. It was great to be part of something really big. We received the letters below, which are displayed in the gym.

Once again, many thanks.

Tracey Davenport
Stockport school of gymnastics
39a newby road ind estate

Sk7 5da

Dear all at Stockport school of gymnastics

Thank you for your support during our Mission Christmas Toy Appeal 2015.

Thanks to you we delivered **£1,962,4**
Greater Manchester. We helped ove
Refuges, all supporting children in ne
children who would have otherwise
increase on last year. We couldn't ha

Mission Christmas is just one of Key1
charity that fundraises throughout th
children, from newborn to 18 years c

Included in this pack please find a Sa
Cash for Kids are doing this year to h
communities as possible. If you woul
would like to adopt Cash for Kids as y
team by calling 0161 288 5155 or em

From all of us here at Key103 and Ca
so many children.

*Mike &
Chelsea*

Mike and Chelsea

KEY 103 | KEY2 | KEY 3

Castle Quay, Castlefield, Manchester, M15 4PR
Tel: 0161 288 5028
www.key103.co.uk



**Thank you for supporting
Mission Christmas!**

With your support we achieved our
mission and raised

£1,962,467

of toys, and made a difference to **51,390**
local children who otherwise might have received
nothing on Christmas morning.



Media partner



In partnership with



Bauer Radio Ltd, company number: 1394141 registered office 1 Lincoln Court, Lincoln Road, Peterborough PE1 2RF

Cash for Kids Charity reg no. 1087854

Stockport Rec 4 Piece Competition

We started this competition a few years ago aimed at gymnasts who would normally compete in Floor and Vault competitions and would like to have a go at beam and bars, but not in the full glare of a County competition, where they would be up against gymnasts training for considerably more hours. This year we have 75 gymnasts from local clubs taking part.

SSoG gymnasts are as follows:

Georgia Mullany, Lily Ashton, Holly Duffy, Olivia Heapy, Eve Winstanley, Elise Campbell, Tabitha Luxton, Eleanor Totton, Katie Lee, Sarah Wilson, Emily Mills, Alice Ellarby, Lily Davison, Molly Doody, Ruby Hyde, Erin Archbold, Ella Hales and Sadie Caine.

The running order is in the gym.

These competitions do not run themselves and we have a Volunteer Committee that is organised by Jayne Mooney. Rather than Jayne having to chase you, add your name to the lists in the gym to help in the café, on the door, selling much loved leotards and so on. The money raised by these competitions go towards the gymnasts so there is an incentive to help the gym and indirectly, your daughter.

We have invited DE Photo and there is bound to be a raffle so all donations welcome. You are sure to have a few Christmas Gifts that didn't quite hit the mark, so bring them in and raise money for the club.

Key Steps Comp

We have been supporting the LEA with the Key Steps Competitions for more than 10 years, initially at the old centre at Dialstone and more recently in the Newby Rd. Gymnastics Centre. From a quiet start with 6 schools taking part in Key Steps 1, we now have 14 schools competing in Key Steps 1, 2 and 3 and the addition of a 2nd day.

Great to see children, many of whom have never taken part in gymnastics before, in mixed teams of boys and girls, trying to be the school to represent Stockport in the Greater Manchester finals.

Big thanks to the SSoG staff who helped out with judging and support.

Half Term Camps

Seems like we have just restarted after the Christmas break, back to school and it's already time to plan the February Half Term activities. We have a full itinerary and some new ideas.

The holiday school is a 3 day course starting on Monday 15th February to Wednesday 17th February for ages 5-16. Each day starts at 9am finishing at 3:30pm. For both members and non-members the cost is £72

The idea of the holiday school is for recreational children to practice their gymnastics and build upon basic gymnastics skills that they already have. Aiming to achieve new moves by the end of the three days.

We are also running the popular holiday camps are for ages 5-16. For both members and non-members the cost is £15 for the afternoon only sessions from 1.00 to 4.00.

These sessions are for recreational gymnastics of all abilities; ranging from children who have never done gymnastics, to children who attend recreational sessions. We aim to provide a fun session full of games and to also practice and improve on their current knowledge of gymnastics.

These sessions are on Thursday 18th and Friday 19th Feb (afternoons only)

Booking closes on the 8th February.

For full details and a booking form go to the website.

New for this half term we are trying 2 sessions of open play Parent and Toddler from 9:30 to 12 on Thursday 18th and Friday 19th Feb. These sessions are aimed at children age 0 - 6 years old or under 108 cm tall and are accompanied by parents.

There is no need to pre-book, just turn up and pay and play. If these sessions are popular we will repeat in future holidays.



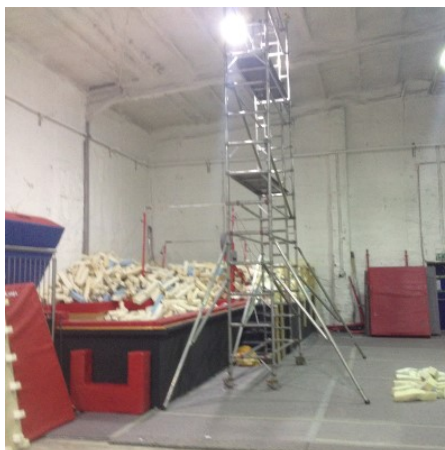
Other News

The club started the new year with a trip to the Altrincham Ice Dome to celebrate the successes in competitions in 2015. More than 70 gymnasts, parents, brothers and sisters came to a great session. There were varying degrees of skill on view from the petrified clinging onto the side to a couple skating backwards.



Improvements

The gym opened a few days late after Christmas as we replaced all 15 lights in the main hall with low energy LEDs and added another 12 lights to increase the brightness. The contractor said that the light levels had tripled, excellent for gymnasts, DE Photo and



our electricity bills. Trouble is that it looks like the next job is to paint the walls as it shows up the patches.

We also emptied the pit for it's 6 monthly clean and repair. We had a go at deep cleaning of the carpets, but more to do in the Easter holidays.



From the Archives

An early photo of the club taken when we first moved to Dialstone from Stalybridge. It's 1987 and on the back row are the 2 founders of the club. Brenda Smith (Secretary) is 4th from the left and Frank Williams (Head Coach) is on the far right. Also on the back row is one of our current coaches Tracy Davenport and you may recognise the North West Judging Convener, Chris McLaughlin. In that year we visited Armentieres in Northern France and took part in a gymnastics display in Lyme Park in front of Princess Anne. Now that we are 30 years old, it all seems an age ago. If you would like to help with the party, talk to Dave.

