

Stockport School of Gymnastics

December 2016 Newsletter



Nice end to the year with 2 of the younger SSoG gymnasts winning the 2 main honours for 2016.

On the left is Heather Davenport voted by the coaches as Gymnast of the Year. On the right is Ruby Hewitt winner of the Frank Williams Trophy and Club Champion. Well done girls.

We look back at the successful Greater Manchester Championships and the club Championship and forward to the Inter County Teams and Club/Regional Grades for 2017.

SSoG Calendar 2016/2017

11th Dec

Inter-County Teams at Robin Park Sports Centre, Wigan.

This year we have Frankie Rossi, Kate Wigglesworth and Ruby Hewitt from the club representing Greater Manchester.

17th Dec

Rec Christmas Competition. This year we will be holding the competition at the Offerton Centre.

18th Dec

Parents Have a Go session. Details in the gym. Your chance to emulate your offspring (with a handspring?)

End of classes for this term:

Newby and Offerton Rec Saturdays and Teen classes are 10th Dec.

Newby weekday Rec classes, Home School classes, all Pre-School classes are during weekend 23rd Dec.

Christmas Holiday Camps

Thursday 29th Dec

Full day camp 9.00am-3:30pm

Tuesday 3rd Jan

Full day 9.00am - 3:30pm

Wednesday 4th Jan

Full day 9.00am - 3:30pm

Thursday 5th Jan

Tumbling 9.00am - 12.00pm

Camp 1.00pm - 4.00pm

Friday 6th Jan

Open play - Toddler 9:30am-12.00

4-9 years 1.00pm - 3.00pm

All classes restart from Tuesday 3rd January 2017 with the exception of Pre-School Classes which are a week later

11th/12th February

Club and Regional Grades in Wigan. First comp in 2017 and GM Team places up for grabs.

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Greater Manchester 4 Piece Championships

The Greater Manchester Championships took place on the weekend of 19th/20th November in Wigan. Congratulations to Frankie Rossi, who won the Senior Level 3 Championship and has been selected to represent Greater Manchester in the Intercounty Teams Competition in December. Joining Frankie are Kate Wigglesworth at Level 6 and Ruby Hewitt at Junior Level 4. Team training is at Sparks on 7th

December and the competition at Wigan on 11th December.

We also had a number of medals, a really good finish to our external competitions in 2016. Sophie Wigglesworth, Silver on Vault and Bars, Kate Wigglesworth, Silver on Vault, Charlotte Wells, Gold on Beam and Silver Overall, Martha Yates, Silver on Vault and Bronze Overall, Ruby

Hewitt, Bronze on Vault, Silver on Beam and Bronze Overall and Frankie Rossi, Gold on Bars, Beam and Overall and Silver on Floor. Daisy Broadbent won Silver on Vault and Bronze on Beam and Jenna Kenyon won Gold on Vault, Silver on Beam and 2nd Overall.

Results and photos are on the website



Lockers

We have moved the lockers out of the Main Gym into reception to make sure that the floor in the gym remains shoe free. The lockers are for storage of all non valuables. We have a separate box in the gym for valuables.

The picture at the bottom was taken during a club session. Not really what we want, gear on the floor and empty lockers.

More lockers will be added if required.



Other News

Welcome to our latest gymnast Alethea Klopper, who has transferred from the Macclesfield club and will be training in the Development Group.

We have a number of coaches on Level 1 coaching courses at the moment. Ella Cleaver, Izzy Blissett, Anya Hooley, Leah Kidd and Rebecca Flynn on the Women's Artistic course being run at the Newb Rd facility and Sarina Klopper, who will be taking her exams soon in Wrexham. Good luck.

We will be busy during the Christmas holidays with jobs around the gym. There is no need to empty

Mission Christmas

Once again we have signed up to be part of the Key 103 Mission Christmas Appeal. We are an official drop off point so please donate your gifts in the gym.

In 2015 Key 103 raised over £2 million in gifts and cash and supported over 51,500 local children.

We're asking you to buy an extra present that we can give to a disadvantaged local child to make their Christmas morning special. We need new and unwrapped gifts suitable for children and young people aged 0-18 years, and you can donate at the gym drop-off point.



out the pit, but we will be topping it up with new foam. There are lots of other jobs that need doing such as painting, carpeting, putting up shelves. The help list is long and being organised by Aidan Mooney. Please let us know if you can spare some time.

The Christmas Recreational Comp is organised and the running order is on the wall at both centres. It is being held through the day on Saturday 17th Dec at the Offerton Centre. Please make sure you arrive in good time. There are lots of medals and a selection box for all who take part. We also have DE Photo on site capturing every move.

We have been selling leotards at both centres on the run up to Christmas. There is just one week-end remaining so make sure you

turn up on Sat 10th December 0900 -1300 at the Newby Rd. Facility

We have new, pre-loved and ex county competition leotards and tracksuits. Have a rummage, make a purchase.

The new invoices were available at the start of December for the new term commencing in January 2017. We are requesting that you try to pay by BACs or cheque rather than cash. We would like as far as possible to take cash out of our business.

For the term starting in March we are hoping to have a new software package in place that will allow payment for fees to be online using cards, similar to the way we do Holiday Camps.

So please try to avoid payment with cash.

Thanks.

Club Championship

The SSoG Club Championship took place on the 27th November at the Newby Rd. Centre. All club gymnasts took part with the honours awarded as follows:

Club Champion and Frank Williams Trophy: Ruby Hewitt.

President's Cup: Sophie Wigglesworth

Grades Cup: Lola Ardley

Novice Cup: Jenna Kenyon

The winners of the Levels competitions were:

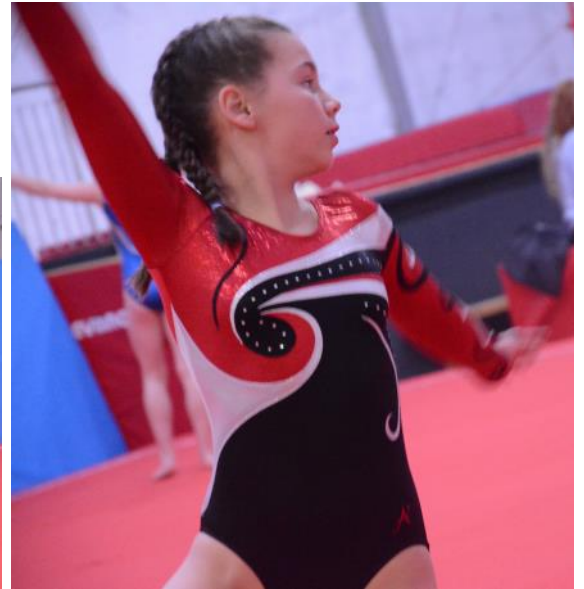
Level 3: Becky Mooney

Level 4: Ruby Hewitt

Level 5: Jenna Kenyon

Level 6: Sophie Wigglesworth

Great comp and thanks to Dave Griffiths for organising.



Gymnast of the Year



The SSoG Gymnast of the Year for 2016 is Heather Davenport. In a vote by the coaches Heather came top for a big improvement, moving from Level 6 through Level 5 to Level 4 and has won medals in external competitions. Well done Heather.

Club/Regional Grades 2017

The Regional/Club Grades are on 11th/12th Feb and letter will be going out to parents on 3rd Jan. Hence all moves should be in place before Christmas.....no pressure! Gymnasts training for the Regional/Club Grades are:

Club Grade 6

Lowri Mashburn, Bella Gnatiuk & Amelia le Fondre

Club Grade 5

Lola Ardley, Ceira Mooney, Ellen Ijima & Alethea Kloppe

Regional Grade 4

Gabriella Widdall, Molly Coghlan & Alicia Gill

Regional Grade 2

Elyce Pearson

Regional Grade 1

Holly Duffy, Charlotte Wells, Jenna Kenyon & Charlotte Cleaver

Stockport School of Gymnastics Club Photo 2016

