



Stockport School of Gymnastics

August 2019 News



The monthly newsletter has returned. We stopped publishing the newsletter 12 months ago intending to have all information available on Social Media, but we still feel that information isn't always getting to club members so the newsletter returns. Copies will be available at both of our centres, sent through marketing and online.



Contacts

Office

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or complete a contact form

<http://www.stockportgymnastics.com/wp/contact-us/>

Club

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Welfare Officer

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Social Media

Websites

General

www.stockportgymnastics.com/wp

Competitive

www.stockportgymnastics.com/club

Facebook

[@stockportschoolofgymnastics](https://www.facebook.com/stockportschoolofgymnastics)

Instagram

[@stockportschoolofgymnastics](https://www.instagram.com/stockportschoolofgymnastics)

Merchandise

www.bluefroggraphics.co.uk/stockport-school-of-gymnastics-home

2019 Competition Dates

14th/15th Sept

Paul Reay Team Challenge at Wigan.

29th Sept

NW Age Groups and FIG, Challenge Cup Qualifiers, Bill McLoughlin Team Trials at Wigan

6th Oct

SSoG Floor and Vault Comp at Newby Road

19th/20th Oct

Greater Manchester 4 Piece at Wigan

Oct?

Wilmslow Gymnastics Halloween Comp

2nd/3rd Nov

North West Individual & Apparatus Championships (Out of Age) at Wigan

10th Nov

SSoG Club Championships at Newby Rd. for Club and Comp Squad gymnasts, followed by photos

16th/17th Nov

English Gold, Silver and Bronze Championships at Leicester

15th Dec

SSoG Christmas Rec Competition at Newby Rd

Newby Road Door Code

The door now closes completely so please can parents use the door code instead of swinging on the handle. We have had a few parents ask for the door code in recent weeks and would remind you that we have paper print outs just inside the door with the code on for you to take.

If you forget the code please ring the bell.



New Term Rec Fees

It's time to pay your fees for the next term which runs from the Monday 2nd September 2019 until Sunday 17th November 2019. This note gives further information on the coming term.

Half term holidays Monday 21st October – Friday 26th October 2019. No Pre-school sessions within half terms, all other sessions are as normal.

Invoicing Dates and Payment

Invoices are sent out: 12th August 2019

Invoice payment deadline if you wish to pay by BACS is Monday 2nd September 2019

Invoice payment deadline for Credit/Debit Card payments is Thursday 5th September 2019

The payment deadline date BACS date is earlier is because of the time it takes for us to check that it has reached our account. Credit/Debit Cards are instantly visible in our account.

Price list

Preschool sessions at Newby Road are £5.00

Recreational sessions at Newby Road are £5.50

Recreational sessions at Offerton are £4.50

Youths sessions at Newby Road are £7.00

Youths sessions at Offerton are £6.50

Discounts

Stockport Leisure key discount £1 off each member per session.

Siblings

10% for additional children in Recreational, Pre-School, Youths and Comp Squad sessions taken off the lower priced session.

Club Squad members get Pre-School, Youths and Recreational fees at 45% discount for siblings.

PLEASE NOTE:

It is important to ensure that you pay by the date shown on our invoices and set out above to secure your child's place. We have a substantial waiting list and therefore if you have not paid by the date shown your child's place will be offered to someone else.

2019 Calendar

12th Aug

Rec Invoices issued for the new term

2nd Sept

Invoice payment deadline (BACS)

5th Sep

Invoice payment deadline (Credit/Debit Card)

26th Aug

Bank Holiday Monday - Gym Closed.

2nd Sept

Start of the new Rec Term for Offerton and Newby Rd; includes Youths, Rec, Pre-School, Parent and Toddler and Ladies Fitness.

Term goes through to 17th Nov

7th Sept

Parents meal at Topkapi in Hazel Grove at 7pm

21st to 26th Oct

Half Term. No Pre-School classes. No Parent and Toddler Sessions. No Ladies Fitness Sessions. All other classes continue as usual.

21st to 26th Oct

Holiday Camps. What's on each day will be in the next newsletter and online

27th Oct

Halloween Party at Newby Rd. Save the date and look out for details.

17th Nov

Final day of the Rec Term

18th Nov

Start of the new Rec Term for Offerton and Newby Rd; includes Youths, Rec, Pre-School, Parent and Toddler and Ladies Fitness.

24th Nov

Visit to Jump Heaven, all are invited.

14th Dec

SSoG Christmas Rec Competition at Newby Rd

15th Dec

Parents Have a go Session for Club and Comp Squad parents followed by a Christmas Buffet.

Milano Comp



Always goes down well with the gymnasts. Unicorns and the chance to produce your own numbers for your coach to hold up when you compete. More than 30 Club and Comp Squad gymnasts took part and won lots of medals and awards. The full results are on the website together with more pictures.

[milano-comp-results](#)



Fund Raising 2019

Fundraising Campaign – Phase 1 New Floor Carpet
TARGET £9,000

The SSOG 2019 Fundraising Campaign has now been launched. We are raising much needed funds to help replace the floor at the Newby Road gym. This will be done in two Phases, over 2 years. Phase 1 will involve the Purchase of a New Floor Carpet, Phase 2 in 2020 will involve the Replacement of Floor Springs.

We are planning a series of fund raising activities both here in the gym and out in the local community.



Our first event last month was a trip to Jump Heaven. All sections of SSOG were at Jump Heaven on Sunday 7th July, having a great time and helping to raise much needed funds for the new floor. More than 160 attended raising more than £800, a fabulous start to the campaign. Many thanks to Suzanne, Jayne and Emma leading the team.

Save the dates for future events:

- Halloween party 27th October 2019 - more details to follow - tickets to be sold soon

- Jump Heaven Event 24th November 5pm to 6pm, £10.00 fee if we get more than 150 people going we will get £4.00 back per person, under 150 then we get £2.00 back for the gym. They have now got an extra at the back of the building which has slides and climbing frames and a toddler area.

Grand Raffle - We will be selling raffle tickets soon once we have got them printed with the usual selection of great prizes. Think we are holding the raffle at the end of October as some of the vouchers we have are to be used by December.

Can you help with getting us a good deal for printing the tickets? All helps. If so contact the team.



Phase 1 New Floor Carpet £9,000



Phase 2 Sprung Underfloor £17,000

All the fund-raising activities are open to everyone at the gym, so with lots of great prizes and fun to be had by all we hope you'll get involved and support our efforts.

Please look out for information on the Noticeboards and Website for further information on the activities.

Thank you in advance.



Social

The children have had their fun at Jump Heaven it is now the adult's time to have a bit of fun.

We are organising a meal out

To: Topkapi in Hazel Grove
Date: Saturday 7th September
Time: 7pm
Cost: £20.00

If you are interested please complete the form on the notice boards upstairs, any Offerton Gymnast parents/guardian please ask the coach in charge for a form.

Family and friends are welcome. Unfortunately there is an age restriction of 8 years plus. We will make exceptions to lower the age if you can not get a baby sitter and really would like to go.

Please place your completed form/payment in the box on the wall in the balcony area at Newby Rd Gym. Gymnasts who attend the Offerton Gym can hand their completed forms/money to the coach in charge.

We have a maximum of 150 available places so places will be allocated on a first come/first served basis. Payment and forms are to be handed in before 23rd August 2019.



Pre-School Classes

More than 100 of the Pre-School gymnasts from before the summer will be starting school and have either moved on to other activities or joined our evening recreational classes. This means that we have places now for every session during the week and will be inviting in the next batch of gymnasts. If you are an existing customer and a different day or time would suit better, contact the office; it may be available.

BG Membership 2019/2010

After a 7 year freeze BG are increasing the cost of membership from 1st October by £2.

Preschool

Not yet in full time education during this membership year £13

Gymnast

Ideal for gymnasts (taking part in gymnastics from once a week up to competing in local and some regional competitions), volunteers and award scheme coaches £19

Club Officer £19

Club Administrator £19

Welfare Officer £19

Judge Club and Regional £19

Competitive Needed for gymnasts competing in official performance pathway events including Regional, National and British Championship level competitions £43

Assistant Coach For coaches who hold a level 1 coaching qualification or booked onto a Level 1 Coaching Course £43

Coach For coaches who hold a level 2 or above coaching qualification £78

We will be invoicing for your BG insurance during Sept. SSoG Membership is unchanged at £10 and will be invoiced at the same time. SSoG Membership for Club gymnasts is unchanged at £14

Parking at Newby Rd.

As you know if you are a regular visitor to Rec sessions at the Newby Rd. site, parking is very limited. A couple of things to be aware of:

The double yellow lines outside the gym are patrolled. We have had a lot of tickets given out to parents and visitors so don't risk it. There is plenty of road without double yellow lines on the estate that are a few extra yards away.

Please don't park in front of the entrances to Drainage Consultants and MetalWeb. We only need a few complaints and we could easily lose our planning permission, so please park considerately. This is an industrial estate and not really designed for Gyms.

Summer Holiday Camps

Stockport School of Gymnastics offers a variety of holiday camps for children of any age and ability throughout the school holidays. The summer camps this year have been mad busy with extra coaches needed for the large number of interested gymnasts. It's still not too late to book for camps up to the end of August.

Our holiday camps are open to all, all sessions are bookable online.

Holiday camps are delivered by experienced qualified Level 2 Gymnastics coaches who are all DBS checked.

Holiday camps 5 – 15 years.

We offer specialised sessions which include beam, bars, floor, vault and tumbling. The holiday courses are booked on a single day basis which enables our customers to book in to sessions where they need additional practice or want to learn a new skill.

The sessions take place 9am – 3:30pm. between Mondays and Thursdays. Gymnasts are required to bring plenty of drinks and a packed lunch for the day along with a smiley face.

New this summer is an Introduction to Street Gym being run by Kieran Brown. Kieran was Young Sports Coach of the Year in 2016 in Scotland, a large part of which was down to his introduction of Street Gym in his home town. The class is for girls and boys between the ages of 10 to 18. The classes are on Fridays from 1pm to 3.30.

Holiday camps 0 – 6 years.

Every Friday throughout all school holidays we offer parent and child open play sessions in the gym. These sessions are unstructured and give parents and children the opportunity to use most of the equipment within the gym. These sessions are extremely popular and great fun.

The sessions take place 9:30 – 12pm and cost £5 per child and bookable online only. Payments cannot be taken on entry.

To book and pay for your session go to the website or link [here](#)

Holiday camp dates 29th July – 30th August

Week 1 commencing 29th July

Week 3 commencing 12th August

Week 5 commencing 27th August

Monday – Tumble and bounce workshop 9-3:30pm

26th August Bank Holiday – no sessions.

Tuesday – Full Day Camp all equipment used 9-3:30pm

Wednesday – Tumble and bounce workshop 9-3:30pm

Thursday – Full Day Camp 9-3:30pm

Friday – 9.30am – 12 – Open play parent and toddler session

Friday – 1.00pm – 3.30 – Introduction to Street Gym

Week 2 commencing 5th August

Week 4 commencing 19th August

Monday – Full Day Camp all equipment used 9-3:30pm

Tuesday – Tumble and bounce workshop 9-3:30pm

Wednesday – Full Day Camp all equipment used 9-3:30pm

Thursday – Tumble and bounce workshop 9-3:30pm

Friday – 9.30am – 12 – Open play parent and toddler session

Friday – 1.00pm – 3.30 – Introduction to Street Gym

